

**ANNUAL
REPORT
2019-2020**

SHREE SAI HEALING TRUST

Reaching the Unreached; Serving the Unserved



ABOUT

In the act of giving and in making a difference, even if it is in the life of one person, there is joy. And if we can make a difference in thousands of lives where hope is restored when a dark path is lit, we have a true purpose and a calling.

Since **2004** Shree Sai Healing Trust has only looked at reaching the unreached and serving the unserved. Meandering through the inaccessible terrains of Rural India, the Trust takes Healthcare, Water, Sanitation, Education, Nutrition and Energy to the needy.



ACROSS INDIA 2019-2020

FREE HEALTHCARE

Provided across 10 states in India, reached **450 villages** (including tribal villages in MH)–Benefited **2,87,747** patients.

NARAYANASEVA

Across 3 states in India(TN,AP,KA), reaching **29 villages** and served **2,28,002** needy



IDEAL VILLAGE

Adopted **6 villages** to transform them into Ideal Villages.
4 in KA, 1 in TN and 1 in MH–Benefitting over **7034** rural population

EDUCATION

Started **evening tuition** and **English classes** at our adopted villages.
Sponsored education for **7** children in KA, TN and AP

FREE HEALTHCARE

Paving through the inaccessible terrains of rural India, the Trust reached out to over **450** villages in **10** states(TN, KL, KA, CH, MP, UP, GJ, MH, AP, OD) screening local populations that also come from tribal villages, benefiting **2,87,747** needy last year.

The Healthcare Programs of the Trust are aimed at different beneficiary profiles:

- 1.Free weekly rural healthcare clinics
- 2.Healthcare support for tribal population
- 3.Healthcare support for rural govt. schools
- 4.Healthcare support for special children
- 5.Rashtriya Bal Swasthya Karyakram (RBSK) referral Follow-up along with National Health Mission(NHM) and Department of Public Health and Preventive Medicine(DPH)– Tamil Nadu.

FREE HEALTHCARE

FREE WEEKLY RURAL HEALTHCARE & SUPPORT TO TRIBAL POPULATION

The Trust has conducted Free weekly medical outpatient clinics at **60 centers** benefiting **266 villages** across **6 states** in India.

Daily medical support was provided to **184 tribal villages** in Maharashtra. All these Villages are located in inaccessible terrain, with no healthcare facilities in the vicinity.

Local educated Youth are trained to assess basic health issues and provide across-the-counter medicines. Thus there is Round-the-clock Availability of Village level Healthcare Contact in these Villages.

An average of 1000-1200 patients with hypertension, Diabetes Mellitus and with both conditions combined are being provided Medical support each month



FREE HEALTHCARE

HEALTHCARE SUPPORT FOR RURAL GOVT. SCHOOLS

In addition to the regular outpatient clinic, the Trust has conducted free healthcare screening, referral and follow-up program, benefiting 212 govt. schools screening 14,680 students of which 2,755 referral follow ups have been made across 10 States (TN, AP, KA, KL, CH, MH, UP, MP, OD, GJ).



FREE HEALTHCARE

HEALTHCARE SUPPORT FOR SPECIAL CHILDREN

Our Healthcare and interventional support program also reached out to 102 special children from 2 Community Based Rehabilitation centers(CBR) and 3 schools in Chennai.

This program identifies children with mental disabilities, under the age of 15 years, from indigent communities, assess their condition, and provides a sustained treatment programme, which improves their overall well-being.

With the objective to provide the best possible independent life for these children, the programme comprises of an integrated 21- month Ayurveda-based treatment course administered by a qualified doctor



FREE HEALTHCARE

RBSK REFERRAL FOLLOW UP PROGRAM WITH NATIONAL HEALTH MISSION

Shree Sai Healing Trust is working with National Health Mission (NHM) and Department of Public Health and Preventive Medicine (DPH)– Tamil Nadu on the Rashtriya Bal Swasthya Karyakram (RBSK) Referral Follow up Program at 5 districts.

The Rashtriya Bal Swasthya Karyakram (RBSK) program reaches out to **4000 Anganwadis** and **7618 Government Schools**, with a total strength of **15,15,000** beneficiaries in these **5 districts**(Chennai, Kanchipuram, Tiruvallur, Thiruvannamalai and Chengalpet).

The Trust works very closely with the Deputy Directors of Healthcare at these districts, to jointly identify areas of improvement in the program, thereby ensuring that the program efficacy and impact may be maximised

FREE HEALTHCARE

RBSK REFERRAL FOLLOW UP PROGRAM WITH NATIONAL HEALTH MISSION

About the Rashtriya Bal Swasthya Karyakram (RBSK)

- Important Initiative of the National Health Mission aimed at early identification and treatment of 4D's – Disease, Developmental delays, Deformities and Defects at birth– Implemented by the Department of Public Health and Preventive Medicine (DPH) of the State Government
- Government Medical team screens Children/students in each district Children/ students with any of the 4 D's referred to District Early Intervention centre (DEIC), for further investigation and treatment
- The DPH shares the list of students requiring follow-up with SSHT, along with contact information of the parents
- SSHT works to ensure that the parents of the Referral students are counseled on the health condition of their child, the importance of further investigation and follow-up and the urgency of further action

FREE HEALTHCARE

RBSK REFERRAL FOLLOW UP PROGRAM WITH NATIONAL HEALTH MISSION

- Most of the parents being illiterate, this counseling is crucial in ensuring that the children receive immediate and timely medical attention
- In addition to counseling the parents SSHT also provides direction on formalities and documentation to be completed to avail the full benefit of the Government's Healthcare schemes
- Follow-up done to ensure that the children/students have been taken to the DEIC and are receiving medical help



NARAYANASEVA

HUNGER ALLEVIATION

It has been said from time immemorial that giving food to the hungry is the only form of service that can satisfy a human want completely.

Weekly Narayanaseva or feeding the needy is done at 29 Villages in 3 states of India (Karnataka, Tamil Nadu and Andhra Pradesh). 2,28, 002 needy have been served last year. Priority is given to providing food to the disabled, the elderly, malnourished women and children.



EDUCATION

The schools in rural India have really poor infrastructure. There is a huge lack of teachers, especially well-trained ones, which disturbs the student-teacher ratio extensively. This leads to very poor quality of education being imparted, hardly fulfilling the need of education.

In order to bridge this gap Shree Sai Healing Trust has appointed teachers at Channapura, KA and at Elakkaimangalam, TN respectively who take **free evening tuition** for the children of the village on a daily basis. Along with this the teacher also imparts **value based education and English lessons**.

The school in Elakkaimangalam has been provided with a computer thus the children now benefit by receiving **computer literacy** as well.



IDEAL VILLAGE PROGRAM

India lives in her villages, and Shree Sai Healing Trust has **adopted 6 villages** with a vision to transform them into Ideal villages– where all basic necessities of Healthcare, Education, Water, Sanitation and Hygiene, Energy management and empowerment of Women and youth will be fulfilled.

Through the various Social Welfare activities, SSHT strives to bring the community together, to contribute to the wellness of the entire village.

Villages adopted by the Trust with the prime motive to transform them into Ideal villages are:

- 1.Channapura – Karnataka
- 2.N Hosur – Karnataka
- 3.Kurvegere – Karnataka
- 4.Rajakrishnapura – Karnataka
- 5.Elakkaimangalam – Tamil Nadu
- 6.Shingwe – Maharashtra

In our endeavour to empower the rural populations, we are also training the senior students in the villages to be progressive champions of our welfare measures.

IDEAL VILLAGE PROGRAMME

Support to Agriculture:

Support through seed sourcing advise on alternative irrigation methods, yield Improvement, crop insurance and protection etc.

Awareness:

Sessions for children, women and School students on personal hygiene Sessions on Communicable Diseases Sessions for Women on Female Health and Hygiene

Clean water, water conservation and harvesting:

Installation and Commissioning of Viable Water Treatment systems to provide Clean drinking Water Methods to improve Ground Water Table through viable Rain conservation methods

Education and Literacy:

Education support for rural students FREE evening Tuitions Scholarship for deserving students Sports Day, Annual Day, Talent Day etc. to nurture children's talents

Preventive Healthcare, Nutrition:

Free Weekly Outpatient clinic
Free Medication for regular /Seasonal Illnesses monitoring/ medication for Hypertension and Diabetes Mellitus Hunger Alleviation Micronutrient Supplementation counseling on good dietary practices

Sustainable livelihood:

Women's Self Help Groups Skills Training for Rural women and Youth Creating Employment opportunities through cottage industries

Good Sanitation:

Construction of Toilets for houses, schools and public use provisions for closed drains to prevent water stagnation and pestilence

Energy management, safe habits:

Alternative energy sources for sustainable energy usage
Electrical Maintenance for safe homes scheduled Fumigation around village to reduce pestilence
Scheduled Plumbing maintenance



HIGHLIGHTS OF THE YEAR

ACTIVITIES AT THE ADOPTED VILLAGES



DONATION DRIVES

Shree Sai Healing Trust in association with its corporate partners has conducted various donation drives at Channapura, N Hosur, Rajakrishnapura and Kurvegere. Books, stationery, bags, clothes, bedsheets, hygiene kits, pulses and rice, etc., have been distributed to the village residents.



HIGHLIGHTS OF THE YEAR

ACTIVITIES AT THE ADOPTED VILLAGES

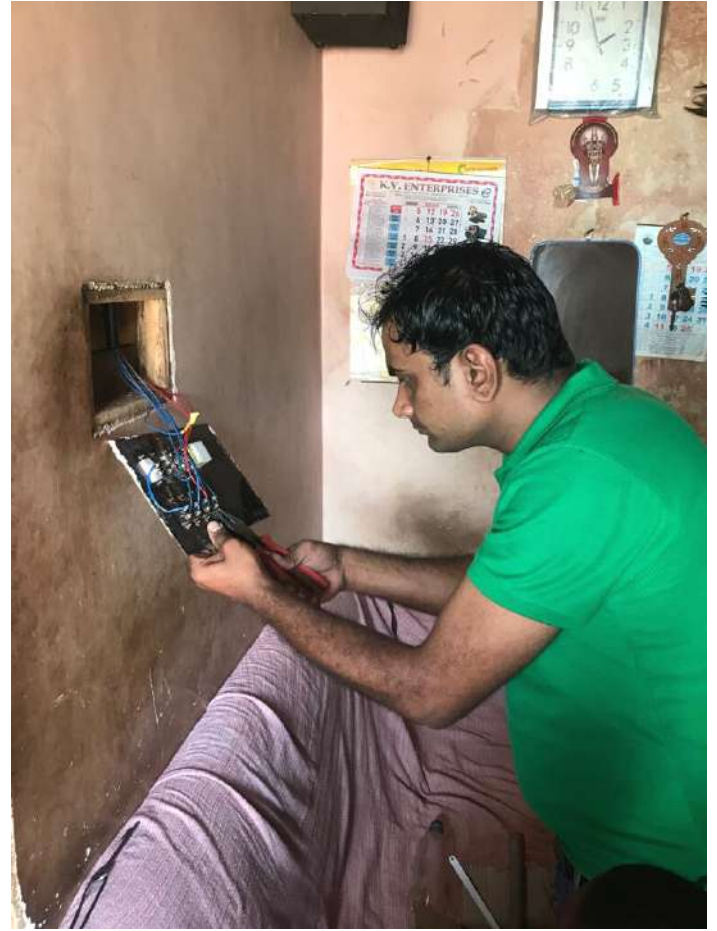


SWACHCH BHARATH ABHIYAAN

Swachch Bharath Abhiyaan – a cleanliness drive was conducted at Channapura and N Hosur in Karnataka. The entire village was cleaned, fumigated and an awareness session for the village residents was conducted.

HIGHLIGHTS OF THE YEAR

ACTIVITIES AT THE ADOPTED VILLAGES



ELECTRICAL MAINTENANCE

Ensuring every house is electrically safe and well lit, electrical maintenance was done at Channapura, N Hosur, Kurvegere and Rajakrishnapura.

HIGHLIGHTS OF THE YEAR

ACTIVITIES AT THE ADOPTED VILLAGES



SPORTS DAY, CULTURAL AND FUN ACTIVITIES

Children being the heart of the village and future of the country, sports day, cultural day and some fun educational activities were conducted for the children at Channapura, N Hosur, Kurvegere and Rajakrishnapura.



HIGHLIGHTS OF THE YEAR

ACTIVITIES AT THE ADOPTED VILLAGES



ANNUAL VISIT TO HOTEL

Every year during the season of Christmas children from Channapura are being taken to Sheraton Grand Hotel in Bangalore, The children are taken in the Hotel bus, welcomed by the General Manager and his team, a movie is screened for them to give them an experience of the theater. This is followed by some fun activities and a lavish lunch served to the children. The children are sent back safely to the village along with some goodies. This visit helps the children see the immense opportunity they have beyond their tiny world.

HIGHLIGHTS OF THE YEAR

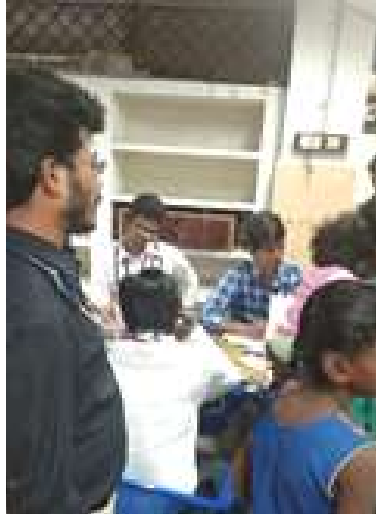
FREE HEALTHCARE CLINICS



- Ophthalmic Screening has been conducted at 10 Free Weekly Rural Healthcare Centers in Tamilnadu; 415 patients screened for eye problems
- 230 patients have been identified as requiring Spectacles for different types of ophthalmic problems and the spectacles have been provided
- Long term Medication for an 85+ Years old lady in Byaramado with Neurological problem commenced from June 2019 FREE of COST to patient

HIGHLIGHTS OF THE YEAR

FREE HEALTHCARE CLINICS AND STUDENT REFERRAL FOLLOW UP



- SSHT provides micro-nutrient supplements to the women, children and elderly.
 - SSHT began 6 new healthcare centers (3 in TN, 2 in AP and 1 in KA).
 - SSHT co-ordinated the referral follow-up of 102 Cardiac Referral students from the RBSK Screening program to attend the Special Cardiac Camp organised at the District Early Intervention Center– Stanley Medical College and Hospital, Chennai.
- SSHT also partnered with DEIC Kilpauk Medical College and Hospital for a special ophthalmic camp where 300 students were investigated.

HIGHLIGHTS OF THE YEAR

STUDENT REFERRAL FOLLOW UP



- MRI Scan of the Brain completed for a Class V student in Chennai, based on Neurologist's recommendation
- 4 students in Chennai examined by Senior Cardiologist for suspected cardiac problems– Echocardiogram for suspected ASD (Atrial Septal Defect) and PDA (Patent Ductus Arteriosus) conditons
- Ophthalmic Camp Conducted at 5 Schools in Tamil Nadu and 96 students provided with Spectacles for Vision Correction
- 1 girl child from Elakkaimangalam has undergone Adeno Tonsillectomy surgery and has been restored to health

HIGHLIGHTS OF THE YEAR

SURGERIES

SSHT has supported 67 surgeries this year:

- 1 Cardiac By-pass surgery for a 51 year old patient
- 2 Cardiac surgeries for children
- 1 Adeno Tonsillectomy for a 5 year old child
- 1 surgery to remedy Hydrocephalus condition in a child with special needs
- 62 Cataract surgeries



HIGHLIGHTS OF THE YEAR

SPECIAL CHILDREN DEVELOPMENT



- 10 Students with special needs enrolled in the healthcare support program for special children, have improved to the extent of being admitted to school for regular children
- A 3 year old child with special needs, who was earlier unable to walk due to developmental delays, has started to walk since August 2019
- A 6 year old girl – a Special Child from Chemmancherry CBR Center has undergone surgery for Hydrocephalus condition and has been restored to health in March 2020
- Many children under this program have shown remarkable improvements in cognizance, motor skills

HIGHLIGHTS OF THE YEAR

FIRST RESPONSE ACTION TO COVID



Hand wash distributed to all residences at Channapura– SSHT's adopted village in Karnataka with door-to-door awareness talk and hand wash instructions by the senior students of Channapura Village.

3,925 Face Masks and 125 Hand Sanitisers have been supplied to the Chengalpet Govt. Medical Hospital, Stanley Medical College and Hospital, Kilpauk Medical College and Hospital and the Institute for child health and Hospital for Children– Egmore.

HIGHLIGHTS OF THE YEAR

FIRST RESPONSE ACTION TO COVID



Two of our team members– Mr.Rajesh Rahul and Mr. Gokul Nath are involved in providing tele-counseling to COVID-19 patients who have been quarantined, in residential isolation, in association with the Tamil nadu Government's Counseling wing set up at the Corporation of Greater Chennai Head Office, Rippon Building Chennai.

His “Hand-wash” dance training to the other tele-callers to promote correct hand wash technique can be viewed at <https://youtu.be/2qic5kjKCmE>

HIGHLIGHTS OF THE YEAR

LAUNCH OF MOBILE CLINIC



Shree Sai Healing Trust in association with SANMINA has launched the Mobile Clinic in Tamil Nadu to help provide medical support in the unreached terrains of Rural India. The bus was flagged off by Minister of Health and Family Welfare, Dr. C. Vijayabhaskar in Chennai.

HIGHLIGHTS OF THE YEAR

RECOGNITION AND AWARDS



Winner of the 10th Spirit of Humanity Awards–
2019 by Americares India

Shree Sai Healing Trust recieved Nationwide
recognition for its Healthcare Programmes

OUR PARTNERS



rest assured.



SAI RAM !

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