

# ANNUAL REPORT

## 2007-08



### **Empowerment for Rehabilitation, Academic and Health (EFRAH)**

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The Registration Number of the Organization is S-34553, under the Government of NCT of Delhi on March 17, 1999; registered under Foreign Contribution Registration Act 6(1) (a) and the registration number is 231660324; registered the Income Tax Act of 80G and 12 A.

# EMPOWERMENT FOR REHABILITATION ACADEMIC AND HEALTH (EFRAH)

## The Board secretary Report

I was elected Secretary of the Board of EFRAH in 1999 when EFRAH was registered, as you could say I am one of the founders of EFRAH and the period of 1999-2008 has been a time of reflection, action, anticipation and new collaborations. During this period we continued implementing direction of the strategic plan for social change or development. The EFRAH has been working with Children, adolescent girls and Women for a long time and the focal point of our activities during the last twelve month are vocational training, strengthening the formation of self Help group, Education, and awareness related activities and we are now committed to a longer then anticipated fund development period through a carefully thought-out plan.

The strategic plan adopted by EFRAH in 2002 and focused on three major initiatives. The first was Adolescent development Center which is functioning in Madanpur Khadar, Second one is Education Program which is functioning in Kachhi Colony, Madanpur khaddar and in Jaitpur as well third one is Reproductive Child and Health Program which is functioning in Dakshinpuri and fourth one is Women Awareness Generation Program functioning in Madanpur Khadar and last one is School Library Program (Room to Read) functioning in MCD School across Delhi.

The future plan is to implementing the HIV/AIDS awareness Program that is Targeted Intervention in partnership with Delhi State AIDS Control Society for Female Sex Workers for their safer practices in Madanpur Khadar and also planning to implement another composite program with Female Sex Workers, Man Who Have Sex with Man and Injecting Drug Users in partnership with Utter Pradesh State AIDS Control Society in District Auriya of UP. Today I am reporting on the status of that plan, including our progress and challenges.

The board now has a sound assessment of building capacity for the Clients and community as well. This was achieved through collaboration with the OXFAM India foundation, To Read India Trust ..... The board is committed to ensuring that the potential target site corresponds to the assessment documented by Mr. Sayeed Ahamed. Our negotiations for a suitable site continue.

The creation of our Education Centre, Vocational Training Centre, School Library Programme, Women Awareness Programme and RCH Programme are significant steps for Women, Adolescent Girls, Children and Community. We are approaching this initiative with understanding that in order to make children and adolescent reception a visible economic plan for Community. We must also assist the community of resettlement colonies to take an interest in the broader issues of Education, Skill development and community mobilization. There is urgent need to move into right direction.

For all your support during the last year and longer, we continue to be very grateful. Our journey as a settlement Organization during the last almost eight years has been rich with successes and challenges. Our ability to navigate our challenges is due in no small part of the most able management and staff at EFRAH. Our excellent history of successes is entirely due to our staff, Volunteers and management. I am an innovative and disciplined professional. The community of our project areas owes him much gratitude and our Board is proud to work with me.

In the last couple of years, at **EFRAH we have planned and prepared to ensure that not only are we getting ready to play a leadership role in upcoming changes** but most importantly the needs of newcomers under our project area are being met in the best possible way. To achieve these we have worked on our four fronts:

- Building a stronger and more interactive partnership with the local services providing organizations.
- Building a stronger and more interactive partnership with newcomer communities and engaging them in the modification of services and programs as well as the development of new ones.
- Enhance the organization's overall capacity and administrative system to ensure continued grow and public.
- Active involvement in local, providing and federal working groups in regard to settlement and integration of new comers.

**Secretary  
EFRAH**

# **EMPOWERMENT FOR REHABILITATION ACADEMIC AND HEALTH (EFRAH)**

## **Vision**

To build a society based on promoting socio economic justice, social sensitivity and empowering deprived group in manner that they become self-reliant and work collectively for social change.

## **Mission Statement**

EFRAH an NGO, has been established in 1999 and was registered as a society in February 1999. EFRAH is committed to work for the holistic development of the people, living in dehumanized and deprived condition in the society, without any discrimination caste, creed and religion.

## **Organization Mandate**

EFRAH will make a positive difference in the lives of resettled, migrated and others in the project area by.....

- Delivering services
- Engaging in Advocacy
- Enabling non violence conflict resolution awareness
- Facilitating community education that will promote and foster non discrimination, caste, creed, non violence, understanding and corporation in order to achieve mutual respect, inclusiveness, harmonious relation and effective participation in the community.

## **Objectives**

- To promote and quality education to children who are socially and economically deprived.
- To eliminate social and cultural discrimination that limits the demand for girl's education.
- To promote human dignity and awareness of duties and right.
- To undertake activities for accelerating social reform through educational economic upliftment.
- To extend and access corporation from like minded individuals associated with different organizations, to advocate & network for social issues.
- To extend academic and organizational support foe establishment of educational institutions in backward area.
- To promote and support community health action through voluntary as well as governmental initiatives.
- To educate people on the various aspects of self employment, encourage and assist in linking with different financial institution to establish their own means of employment

## **Quality Policy**

**EFRAH** is committed to providing sound quality services which empower our clients, catering to their needs in a caring and welcoming environment that builds on their own strength and experiences.

**We** learned from our experiences, set higher benchmarks for our services and share best practices with our partners, communities and funders.

**EFRAH** is a multidisciplinary team of dedicated professionals who believe in an inclusive, just society that recognizes promotes, respect, and values diversity.

**We** strive for continuous development and empowerment of relevant, meaningful and efficient services for our clients and communities. Through continuous collection analysis of information we achieve plans and processes that are creatively implemented, regularly monitored and carefully evaluated.

**Our** collective leadership provides vision, direction and opportunities through role modeling, encouraging a sense of ownership and accountability.

**Our** straight resides in a system which reflect our own diversity, genuine understanding of our clients and efficient, relationships with our stakeholders and build mutual trust which the communities we serve.

**Secretary**  
**April 15<sup>th</sup>, 2008**

## EDUCATION PROGRAMME REPORT 2007-08

This program focuses on the education and strengthening Children and women of underprivileged masses in the community. This period marked a noticeable outcome in the form of attendance in the activities, involvement of the parents in the programs and admission process in government Schools. Today, many children, particularly out of school, are getting the benefit of the program

### PROGRAMME OBJECTIVES

- To mainstream maximum out of school children into formal school through 10 integrated learning centers (NFE & Balwadi)
- To provide opportunities of academic coaching and guidance to dropout adolescent girls for completing their higher and secondary level education through condensed course with the support of national open school.
- To address the malnutrition among the children and Adolescent girls through mid day Meals and nutritional centers.
- To enhance skills, education, information, knowledge, awareness (legal, gender, health atrocity etc.) and confidence level of Adolescents group members of the projected area through community Development Center for their better life options and opportunities..
- Running Urdu teaching Center for Adolescent girls and women, where Hindi and English are also taught;
- To provide nutrition and Mid Day Meal to 300 children. Certain of 1 MODEL slum unit by year end with 100% enrolled for all school going age children,
- To improve the access of out of school disadvantaged/ at risk children in mainstream of education.
- To create a positive and conducive environment in the community and in the formal school

### SERVICE OUTCOME

**Education-** EFRAH has 6 Non Formal Education Classes 7 Balwadi, and 1 Remedial, each classes has 30 children during 2007-08 project- 100% children mainstream into government schools . Certain of slum unit by year end with 100% enrolled for all school going age children, Adolescent girls groups activated, Health Center functional, women's group active.

#### ➤ PRE-PRIMARY (BALWADI)

Balwadi is an institution which caters small children (from age of 3 to 5 years). Balwadi are situated in slums of Madanpur khaddar and jaitpur ext. This time location of Balwadi centers has been changed to see the accessibility of older children in the area. This is the group of children whose parents are working and elder children remain at home to look after younger.

During the last 12 month, nearly 225 children were covered. After starting Balwadi classes in different areas, all the elder children got opportunity to join our non-formal centers particularly the girl children. Parents, who leave their children alone at home, were relieved and felt happy that their children were attending Balwadi centers Various educational activities were conducted in the centre to inculcate school going habit.

#### ➤ NON FORMARL EDUCATION PROGRAMME

Non-formal classes were a continuous process of filling the gap between school going children and drop out children. EFRAH conducts tests of all subjects like English, Science, Social studies, Hindi and Mathematics etc. on the basis of the syllabus of govt. school. Seven non-formal centers were running during the period. Nearly 298 out of school children were covered under this program. These children were prepared for mainstream of education with zeal of school going

85% attendance found in the classes during the year. 295 attended the non-formal classes in 7 clusters. 50 children mainstreamed into school there was 35 children were in one centre. The presence of parents during the BEC was 89%. 85 working children enrolled in centers. They are rag pickers, domestic worker, helper in tea shops, agriculture labour.

### ➤ **CONDENSED COURSES PROGRAMME**

EFRAH has observed that adolescent girls are most vulnerable. They are not even allowed to continue their schooling either in between primary to middle stage or middle to secondary stage of education.

This course was offered to the adolescents who have earlier dropped the school but having the zeal to continue the study. Twenty adolescents between the ages of 14-18 were the main beneficiaries of the program.

Their all admission formalities to complete for this course. Classes have continued to according to National Institute of open school - (NIOS) is being taught in the classes organized.

20 girls have continued and attend the classes those are undertaken for them and they look forward to complete their education with the help of EFRAH and Oxfam/GAIL India through NIOS. Final Examination will be in the month of May 2008.

### ➤ **PARENTS TEACHER ASSOCIATION MEETING**

We have successfully running 17 centre of Balwadi, Non forma education. Condensed course and vocational centers. In 2007-08. We have conducted 156 PTA meetings with community and parents regarding children in the education programme.

The main aim to conduct the meeting is, they shared their views and ideas with teachers. The attitude of parents was positive and cooperative. This effort created good relation between parents and teaches. EFRAH has planned to organize regular PTA meetings in future so that the responsibility of parents towards child education could be made sure.

Due to day to day communication and regular meetings with parents.

- Total 156 meetings held in 2007-08 with parents
- We discussed about there child's admission.
- They showed some interests in self help group
- We talked to 450 parents of the target children during this period

### ➤ **BASTI EDUCATION COMMITTEE**

As we know that BEC (Basti education Committee) meetings are very important to keep interest of parents in child study and make teachers more responsible and accountable towards his/her duty. In the meetings, both parent and teachers can together evaluate the development of children. In this four BEC meetings were conducted in different areas.

During this period we have established 5 basti committees in 2 areas. 3 in J.J. colony & Khadda colony, Jaitpur. We have conducted around 50 meetings in all the committees and we have talked to at least 468 people's community members and school authority or other stakeholders. .

### **Meeting with Community women and School In charge**

The mothers of infants and small children said that they will definitely take their children to the immunization centers as well as lend their support to other such women and if needed will also accompany them to the immunization centers.

The members also said that they will convey this information to pregnant women and facilitate them to have safe delivery either in the presence of trained Dai (Birth Attendant) or ask them to register in hospitals

They Facilitated in the Formation of SHG and AAG and motivated the women and adolescent girls to form SHG and AAG.

### **ISSUES DISCUSSED IN THE MEETINGS WERE**

- Admission of more children in non-formal classes and Balwadi centers.
- New admission in Government school.
- Strengthen and Functional status of BEC in the School and community.
- Support at home to child in his/her day-to-day study
- Monthly meetings were held each BEC during the period

## **ADOLESCENT DEVELOPMENT PROGRAMME REPORT 2007-08**

EFRAH believes that women empowerment and Education is the most powerful human tool to bring about changes in the society. Thus, the project has been designed to improve the condition of disadvantage women and Adolescent's girls and children in the society. The implementation process of the project is totally based on the community participation

1. Its purpose is to serve adolescents with the vision of their self reliance and empowerment
2. Its approach is oriented towards education and value formation
3. It focuses on health concerns i.e. sex and sexuality, drug abuse, reproductive health etc. as a vital concern in the developmental stage of adolescence
4. It looks for ways to demonstrate what interventions work effectively in guiding adolescents and finally

### **INTERVENTION AREAS**

- **Vocational Training-** Computer, Cooking and Child Care, Beauty Culture, Stitching and Embroidery.
- **Income generation Activities:** Self Help Groups
- **Community Mobilization:** Awareness Camp, Meeting, Workshop etc.

### **PROJECT OBJECTIVES**

- The capacity of these girls and their parents have been built on the issues like legal awareness, gender issues, PDS system, working of police system, how to lodge FIR, how to make use of the various schemes and help lines available for them.
- To aware over 5000 community people of the issues related with gender, various schemes and information related to their rights, PDS, health issues, employment, Banking systems, drainage and sanitation and environment etc. Reproductive and sexual health, HIV/AIDS, life skills education, career opportunities, current events etc. through workshop awareness camp and meeting.
- To empower underprivileged adolescent girls, boys and women through vocational training center (beauty culture, Cutting & Tailoring and computer) their better employment opportunities and income generation for their self reliance, economic freedom and improved social status.
- To Empower 300 underprivileged women through 20 self Help Groups for their self reliance, economic freedom and improved social justice.
- To promote micro saving habits among over 1000 Adolescents girls through ADC bank.

### **SERVICE OUTCOME**

#### **VOCATIONAL TRAINING PROGRAMME**

Community meeting on in the month of April 2007 to discuss and assess and find out the need for different vocational training courses - cutting & tailoring, beauty culture and cooking and child care course with a group of women. It was decided to commence training program from 1<sup>st</sup> June 2007 onwards. Total 260 adolescent's girls and women were benefited from vocational training. The objective was to increase the vocational skills of women and girls. The act of the organization to involve such youth and adolescent will keep away them from the unsocial activities. These candidates now having an average income of Rs.1000 to Rs.3000 per month can contribute significantly for their family. Under this program following activities were conducted

#### **VOCATIONAL TRAINING FOR STITCHING AND EMBROIDERY**

Total 100 girls/ women were enrolled in this course of 4 batches of 25 each. This each course is for 6 months. This course was free and all the training material distributed to the trainees by EFRAH provided to them free of cost. Only thing they have to do is to take the initiative to join in and learn the course. Apart from the given.

Syllabus, various extra other activities like gender awareness, health awareness, awareness on domestic violence, different types of abuses, HIV/Aids awareness etc. were conducted during the period

The Cutting, tailoring and embroidery vocational training course commenced in June 2007. Total 100 girls and women completed course. Out of these 40 girls, have taken the initiative to already earn a living and support their families by stitching the clothes and making embroidery on them. They have started earning from RS.1000 to 3000/- at the moment. Rest of the girls and women completed their course and try to find joins in different areas. EFRAH facilitate them to find jobs in surrounding areas

### **VOCATIONAL COURSE OF BEAUTY CULTURE**

Total 100 girls were enrolled under this course and divided in four batches. Each Course is for 6 months. The syllabus threading, bleaching, facial, head massage, hair style, mehendi, coloring, manicure, pedicure, face pack, make up along with bridal make up and other relevant things are taught in the course. This course is free for girls/women. All the material was given by EFRAH and provided to them free of cost. Only thing they have to do is to take the initiative to join in and learn the course. Some of the trainees start taken the initiative to already earn a living and support their

. Out of these 64 girls, have taken the initiative to already earn a living and support their families. They have started earning from RS.1000 to 4000/- at the moment work at beauty parlour and start own parlour in the area. Rest of the girls and women completed their course and try to find joins in different areas. EFRAH facilitate them to find jobs in surrounding areas.

### **➤ VOCATIONAL COURSE OF COOKING AND CHILD CARE**

This is a six-monthly course for women who are involved in domestic child care and cooking profession. EFRAH is giving training to these women on all these aspects so that they can be best child career and good cook. During the period there were 60 women were complete the course. It will be ended by March 2008. Resource persons were invited from the various esteemed organizations and even individuals. 27 women Out of 60 women get jobs from different offices and houses of nearby colonies.

The Cooking and child care vocational training course commenced in June 2007. Total 60 women and adolescent girls completed course. 27 Out of these 60 beneficiaries have taken the initiative to already earn a living and support their families by domestic helper, child care, crèches and aganwadi worker. They have started earning from RS.1000 to 3000/- at the moment. EFRAH facilitate them to find jobs in surrounding areas.

### **TOTAL TRAINEES 2007-08- APRIL 2007 TO MARCH 2008**

Vocational Training Program	Target year –1		Achieved – year 1		Number of Beneficiaries				
	Female	Total	Female	Total	SC	ST	OBC	Muslim	Gen.
					Female	Female	Female	Female	Female
Child Care & Cooking	30	30	60	60	33	1	3	5	18
Cutting and Tailoring	40	40	100	100	58	4	12	8	18
Beauty Culture	30	30	100	100	45	3	20	11	21
<b>TOTAL</b>	<b>100</b>	<b>100</b>	<b>260</b>	<b>260</b>	<b>136</b>	<b>8</b>	<b>35</b>	<b>24</b>	<b>57</b>

## ➤ SELF HELP GROUPS

We have 12 self-help groups with 175 women members working successfully in the area. The groups have poor women as members, who belong to economically and socially backward classes.

### Meeting of self help groups women

Each group has 12-15 women and the group's member deposits Rs. 50 to 100. Total amount deposited Rs. 1, 47,000- till now and 28 members have already received loan Rs1, 1000 . When the members face any urgency like, petty works, treatment, marriage or admission of their child they can take loan from the group. Monthly they have to return money with 2% amount of interest. The SHG group also helped to motivate the parents to send their children to school. All these groups have an identity of their own; the members of respective group have given a name to their group. All these groups have an identity of their own identity cards, ration cards and some are complete in the month of April 2008. The members of respective group have given a name to their group

**The following table gives the information on the target (that were planned) and achievements-**

Program	Target year-1			Achieve			Number of Beneficiaries									
	M	F	Total	M	F	Total	SC		ST		OBC		Muslim		General	
							M	F	M	F	M	F	M	F	M	F
Self-Help Groups		175	175		175	175		58		6		02		34		72

## SCHOOL LIBRARY PROGRAMME REPORT 2007-08

This programme is for establishing the libraries in MCD Schools across Delhi for the benefit of the community with the partner organization EFRAH in collaboration with Room to Read India trust and partly funded by them.

In a very beginning of the programme MCD schools did not have any kind of library though they have some books kept locked in the Elmira's which were safely used by the children as there was no initiative given to the children. At this point we started the library these school with the full support of Room to Read and with the facilitators were given training & getting feedback from them put them in the proper groove in the path to make use of library by the children. The training also went on simultaneously to improve the quality of the facilitators

### Programme Objectives

- To motivate the reading interest of children and increase the habit.
- To land the books to the children from the library for enabling them to study in their homes.
- To create an academic environment in the school. Like using these books to narrate stories in the class room of lower primary

### SUCSESSES

These 32 library start in Sep 07 across Delhi, during this period we organized the workshop among our facilitators on different types of issues which is they were facing.

### Daily activities at the library

- The children read books
- The books are issued to home too
- The children do drawings make crafts etc
- Some teachers take good interest in the libraries HM have expressed their willingness to give point teachers to run the library.

## REPRODUCTIVE AND CHILD HEALTH (RCH)-II PROGRAMME REPORT

RCH program provides preventive, curative and health promotion of the women and children with special focus on adolescent girls. Information on Care of the child, its nutrition, immunization, importance of breastfeeding, weaning,



how and when to start solids, and how to give home cooked food to the children and what all can be given to them are all the information provided to the women and young girls in the community

RCH program was initiated in October 2007, in collaboration with SOSVA in Dakshinpuri area of South Delhi. The areas which we are covering in Dakshinpuri area are F, G, H, and Sanjay Camp (which has 2 blocks- A & B)

### **Overall goal of the program:**

To improve the ANC status, institutional deliveries and immunization status of the community through RCH services

### **SERVICE OUCOME**

- EFRAH has counseled 343 pregnant women about the need of their care during antenatal, post natal care and also got 570 children (0-2 years) immunized.
- EFRAH staff also maintains a regular follow up of these along with counselling other pregnant women.
- EFRAH has organized two “Health Camp” successfully, among the Dakshinpuri’s Communities for their immunization, ANC check up, HIV/AIDS Check up and colunseeling.
- We have once a week OPD in our office for Clients
- We have been provided best referral services to Primary Health Center.

### **OUR FUNDERS**

- Room to Read India Trust
- Oxfam India
- Reach India
- HPS Social Welfare Foundation
- Indian Environment Society (ministry of Environment),
- Indo Global social Service Society
- Department of Health, Govt. of Delhi and SOSVA (N)
- Delhi Social Welfare Advisory Board
- Department of Education, Govt. of Uttar Pradesh
- Directorate of alternative Education (SSA), U. P.
- UEE Mission, Department of Education, Delhi
- Delhi State Aids Control Society
- Uttar Pradesh state Aids Control Society

“We extend our sincere thanks to our wonderful Stakeholders, Founders/ Supporters and other resource persons. Your dedication and hard work have contributed to our success.

Thank You”