

# ANNUAL REPORT



**Give a smile**

FOR SMILE ON EVERY FACE

# EFRAH ANNUAL REPORT (2008-2009)

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# FORWARD

## The Board Secretary Report of EFRAH

I have been selected Secretary of the Board of EFRAH since 1999 when EFRAH was registered, I am one of the founder of EFRAH and the period of 1999-2009 it was remarkable in consequence of EFRAH because we keep doing the collaboration and anticipation of the social agency during this period we continued the implementing the way of strategic plan for continues quality improvement of social change as well as overall development of the society. EFRAH has been working especially for social issues such as children, adolescence girls, women and youth for a long period of time.

EFRAH has been adopted strong strategic plan since 2002 and continue this plan working till now, it focused of specific thematic area which is adolescence development center, Educational programme, Women Awareness programme, Reproductive Child Health, Library programme (Room to Read )and Gender Resource Center working at Madan Pur Khadar, JaitPur, Dakshin Pur, Okhla Subzi mandi and Aali Gaon in Delhi. We have also implementing the HIV/AIDS Targeted Intervention programme with the support of Delhi and U.P. State Control Society. It's Focus of Female Sex Worker, Man having Sex with Man and Injective Drug Users for their safer practice.

The initiations of the implementing of project activities are significant step for Women, Adolescent Girls, Children and Community. We are introducing this approach in the community that in order to make children and adolescent reception a visible economic plan for Community. We must also assist the capacity building of the community of resettlement colonies so they take an interest in the broader issue of Education, Skill development and community mobilization. This is the social and economical need of the community.

All the activities being happened successfully to the support of your and we have been worked as a developed organization since last Nine years and these period filled up successfully achievement the challenges Our ability to navigate our challenges is due in no small part of the most able management and staff at EFRAH. In the past history of our excellent success credit goes to all community stakeholders, staffs, Volunteers and Management. I have always thought positive regarding our work and followed qualitative Management in our all project and the community of our area owes to him and our Board proud to work with me

Over the years EFRAH family has grown by leaps and bounds to include a large number of committed professionals and volunteers from a range of disciplines who have applied their skills, expertise and experience to all EFRAH programme and ensured their success. To achieve this we works on four front such as –

- Strengthening as well as building interactive partnership with the local service providing organization.
- Developing relationship with newcomer communities and engaging them in the modification of services and programs as well as the development of new ones.
- Active involvement in local, providing and federal working group in regard to settlement and integration of new comers
- Enhance the overall capacity of the organization and administrative system to ensure continued grout and public.

Secretary of EFRAH

## EMPOWERMENT FOR REHABILITATION ACADEMIC AND HEALTH (EFRAH)

### VISION

To build a society based on promoting socio economic justice, social sensitivity and empowering deprived group in manner that they become self-reliant and work collectively for social change.

### MISSION STATEMENT

EFRAH an NGO, was established in 1999 and was registered as a society in February 1999. EFRAH is committed to work for the holistic development of the people, living in dehumanized and deprived condition in the society, without any discrimination caste, creed and religion.

### ORGANIZATION MANDATE

EFRAH will make a positive difference in the lives of resettled, migrated and others in the project area by.....

- Delivering services
- Engaging in Advocacy
- Enabling non violence conflict resolution awareness

Facilitating community education that will promote and foster non discrimination, caste, creed, non violence, understanding and corporation in order to achieve mutual respect, inclusiveness, harmonious relation and effective participation in the community

### OBJECTIVES

- To promote and quality education to children who are socially and economically deprived.
- To eliminate social and cultural discrimination that limits the demand for girl's education.
- To promote human dignity and awareness of duties and right.
- To undertake activities for accelerating social reform through educational economic upliftment.
- To extend and access corporation from like minded individuals associated with different organizations, to advocate & network for social issues.
- To extend academic and organizational support foe establishment of educational institutions in backward area.
- To promote and support community health action through voluntary as well as governmental initiatives.
- To educate people on the various aspects of self employment, encourage and assist in linking with different financial institution to establish their own means of employment

### IDENTITY OF EFRAH

EFRAH is premier organization committed to the sustainable and strengthening of child, adolescences girls, women, family and community. EFRAH also work towards networking, strengthening alliances and building partnership with national and international organization with mutual compatible so as to accomplish its objectives.

### QUALITY POLICY

**EFRAH** is committed to providing sound quality services which empower our clients, catering to their needs in a caring and welcoming environment that builds on their own strength and experiences. **We** learned from our experiences, set higher benchmarks for our services and share best practices with our partners, communities and funders.

**EFRAH** is a multidisciplinary team of dedicated professionals who believe in an inclusive, just society that recognizes promotes, respect, and values diversity.

**We** strive for continuous development and empowerment of relevant, meaningful and efficient services for our clients and communities. Through continuous collection analysis of information we achieve plans and processes that are creatively implemented, regularly monitored and carefully evaluated.

**Our** collective leadership provides vision, direction and opportunities through role modeling, encouraging a sense of ownership and accountability.

**Our** straight resides in a system which reflect our own diversity, genuine understanding of our clients and efficient, relationships with our stakeholders and build mutual trust which the communities we serve.

## ANNUAL PROGRAMME REPORT

EFRAH implementing the project in Madanpur Khadar at last ten year we have compared our project accordingly our aim “The aim of education imparted should be to bring changes not only in the amount of knowledge gained but also in the abilities to do so, to think and to acquire habits, skills and attitude which characterize an individual who is socially accepted and adjusted”. The quality education is key to overcoming poverty in a single generation.

In the initial stage of the project we were contacting the primary teacher and given some indirect learning material to primary teacher, yet the situation of the Govt.school are not improving as such as we want. When we provided the primary education for drop out children we observed that education of the children improving at some extent.

This program focuses on the education and strengthening Children and women of underprivileged masses in the community. This period marked a noticeable outcome in the form of attendance in the activities, involvement of the parents in the programs and admission process in government Schools. Today, many children, particularly out of school, are getting the benefit of the program

### SERVICE OUTCOME:

EFRAH has run the class of six Non- formal group, seven Balwadi group and two Remedial education classes, every class have a 30 children, last year EFRAH sponsored overall 450 children.

During 2008-09 project- 100% children mainstream into government schools. In resettlement colonies by the end of the year 100% enrolled of all going school children, adolescence girls group activated as well as women group.



Children are playing with toys in pre Balwadi class

### PRE- BALWADI

We have been running the Balwadi center in Madanpur Khadar since 2002. When EFRAH was established till now we have enrolled 150 children in Balwadi class and 100 children mainstream into govt. primary School, rest of them is will be place within the month



Children are doing their work in NFE class

### NON- FORMAL EDUCATION PROGRAMME

In the 12 month 90 out of school children were covered under this programme. These children were prepared for mainstream of education with zeal of school going. out of 90 students enrolled in the center, on an average attendance found that 95 % and 68 are girls and 22 are boys, among the total 90 students, 23 student belong to (SC) category, 9 students belong to (OBC) category, 12 students belong to (GEN) category and 16 students belong to (MUS) community. The highest number of the students in non- formal class belongs to (SC) category.

### CONDENSED COURSE PROGRAMME

EFRAH has observed that the adolescent girls are most vulnerable. They are not even allowed to continue their schooling either in between primary to middle stage or middle to secondary stage of education. This course was offered to the adolescents who have earlier dropped the school but having the zeal to continue the study. Twenty adolescents between the ages of 14-18 were the main beneficiaries of the program. Their all admission formalities to complete for this course. Classes have continued to according to National Institute of open school - (NIOS) is being taught in the classes organized. 20 girls have continued and attend the classes those are undertaken for them and they look forward to complete their education with the help of EFRAH and Oxfam/GAIL India through NIOS. Final Examination will be in the month of May 2009



Girls are being taught by teacher in condensed class

## **PARENTS TEACHER ASSOCIATION MEETING**

We have successfully running 17 centre of Balwadi, Non formal education, Remedial education Condensed course and vocational centers. In 2008. We have conducted 170 PTA meetings with community and parents regarding children in the education programme.

- v **Total 200 meeting held in 2008-09 with parents**
- v **Discussed about importance of education**
- v Discussed about admission process for their children
- v Talked to nearly 450 children parents which is our target population
- v Shared the performance of the children to their parents.
- v Discussed about the area problem with community people.

**Discussed about school administration, quality education and behaviour with children**

**Advocacy and lobbying with the support of parents about school infrastructure and quality education improvement**

## **BASTI EDUCATION COMMITTEE**

As we know that BEC (Basti education Committee) meetings are very important to keep interest of parents in child study and make teachers more responsible and accountable towards his/her duty. In the meetings, both parent and teachers can together evaluate the development of children. In this four BEC meetings were conducted in different areas.

During this period we have established 8 basti committees in 2 areas. 5 in J.J. colony & Khadda colony, Jaitpur. We have conducted around 100 meetings in all the committees and we have talked to at least 1000 people's community members and school authority or other stakeholders. .

The members also said that they will convey this information to pregnant women and facilitate them to have safe delivery either in the presence of trained Dai (Birth Attendant) or ask them to register in hospitals. They Facilitated in the Formation of SHG and AAG and motivated the women and adolescent girls to form SHG and AAG.

### **Issues discussed in the meetings were**

- Admission of more children in non-formal classes and Balwadi centers.
- New admission in Government school.
- Strengthen and Functional status of BEC in the School and community.
- Support at home to child in his/her day-to-day study
- Monthly meetings were held each BEC during the period

## **Co- curricular & Extracurricular Activities**

We have conducted various cultural events, celebration of the festival, great days, drawing painting competition and social service activity these activities lead to the children to show their talent on broad prospective and we also conducted indoor and outdoor activities as per the requirement of the children. They show the play on basis of traditional custom. Some of the activities which are following -

- On 15<sup>th</sup> November the teacher Rinki and pryanka went to KASP PLAN NGOs with our children for taken participation of Dance competition.
- On 30<sup>th</sup> November Ms. Kousher Parveen, Mr. Wahid Hussein, Ms. Annupama, Ms. Sughra, went to safderjung station with women and participated the HIV/AIDS program.
- On 10<sup>th</sup> December the teacher Rinki went to the Gandhi peace with adolescence girls on account of child right day and girls participated the program.
- On 10<sup>th</sup> December teacher Ms. Kirti went to the Jaishanker Memorial with children's to participate the cultural program.
- On 11<sup>th</sup> December staff member went to the science building with children's for campaigning of child right.
- On 18<sup>th</sup> December staff member Anupam went to Rajabazar Mobile Crach NGOs with children's and participated the issue of development of child for the age of 0-6 year.

## VOCATIONAL TRAINING PROGRAMME

Community meeting on in the month of April 2008 to discuss and assess to find out the need for different vocational training courses - cutting & tailoring, beauty culture and cooking and child care course with a group of women. It was decided to commence training program from 1<sup>st</sup> June 2008 onwards. Total 300 adolescent's girls and women were benefited from vocational training. The objective was to increase the vocational skills of women and girls. The act of the organization to involve such youth and adolescent will keep away them from the unsocial activities. These candidates now having an average income of Rs.1000 to Rs.3000 per month can contribute significantly for their family.

### SERVICE OUTCOME

- Increased the knowledge of importance of education, various scheme of the government, gender issues and working of police system.
- 80% of girls started earn money after completion the vocational course in our center.
- Empowered 300 underprivileged women through 20 self help group.

### EMBROIDERY AND STITCHING COURSE

In this year we enrolled 100 adolescence girls/ women in the vocational course of two batches and the duration of the course is six months. EFRAH do not take admission fees and they also provide the training material free of cost. The basic concept of this, to join the vocational center and learn through the specific course. Except the course content some other activities take place like gender awareness, health awareness, awareness of domestic violence, different type of abuses, HIV/AIDS



Girls are being taught by teacher in Embroidery class

awareness etc The course of cutting, tailoring, embroidery and stitching has been commenced since 2007. In this year total 100 girls and women completed course, out of these 80 girls have taken the initiative to already earn a living and support their families by stitching the clothes and making embroidery on them. They have started earning from RS.1000 to 3000/- at the moment. Rest of the girls and women completed their course and try to find joins in different areas. EFRAH facilitate them to find jobs in surrounding areas

### VOCATIONAL COURSE OF BEAUTY CULTURE



Girls are being taught by teacher in Embroidery class

and start own parlour in the area. Rest of the girls and women completed their course and try to find joins in different areas. EFRAH support the student to getting a job in adjacent area.

100 girls have been enrolled under the beaucultural programme, these group divided into four batches and the duration of the each course six months. We have running the syllabus of threading, bleaching, facial, head massage, hair style, mehendi, coloring, manicure, pedicure, face pack, make up along with bridal make up and other relevant things are taught in the course. This course is free for girls/women. All the material was given by EFRAH and provided to them free of cost. Only thing they have to do is to take the initiative to join in and learn the course. Some of the trainees start taken the initiative to already earn a living and support 70% girls, have taken the initiative to already earn a living and support their families. They have started earning from RS.1000 to 4000/- at the moment work at beauty parlour

### VOCATIONAL COURSE OF COOKING AND CHILD CARE

The Cooking and child care vocational training course commenced in June 2008. Total 70 women and adolescent girls completed course. 40 Out of these 70 beneficiaries have taken the initiative to already earn a living and support their families by domestic helper, child care, crèches and aganwadi worker. They have started earning from RS.1000 to 3000/- at the moment. EFRAH facilitate them to find jobs in surrounding areas.



Children are doing their work in computer class

### COMPUTER TRAINING COURSE

We are providing computer training for adolescent's girls and boys. The program is designed to encourage and develop technology skills, critical thinking and collaboration among the learners through effective community based education, propagated by successful models of learning. We have been running the computer course programme in Madanpur Khadar and 60 students are benefited for it.

### SELF HELP GROUPS

We have 14 self-help groups with 175 women members working successfully in the area. The groups have poor women as members, who belong to economically and socially backward classes



Women are sharing her views in SHG meeting

We have formed 14 self help group, one group consists of 12-15 women and each group member deposited Rs. 50 to 100 in the end of the month. Till now we calculated the total deposited Rs. 182550 and the total loan given by all self help group Rs. 44000. These loan given when the member face any urgency like, petty works, treatment, marriage or admission of their child. Monthly they have to return money with 2% amount of interest. Other function of the self help group to motivated the parents towards their children education and all member of the group have an own identity and given the specific name of the group. We have to provide identity card, ration cards and rest of them complete in the month of April 2009

Program	Target year-1			Achieve			Number of Beneficiaries									
	M	F	Total	M	F	Total	SC		ST		OBC		Muslim		General	
							M	F	M	F	M	F	M	F	M	F
Self-Help Groups		195	195		195	195		72		10		8		30		75

## ADOLESCENT DEVELOPMENT PROGRAMME REPORT (2008-09)



The fundamental significance of education is the development and progress of human society. It also a master key to open an overall transformation of the society, helps to cultivate knowledge, information, skills and values appropriate to the changing socio- economic and political structure. Educational can functional as single remedy for the settlement of several socio- economic viz poverty, inequality, unemployment EFRAH believes that women empowerment and Education is the most powerful human tool to bring about changes in the society. Thus, the project has been designed to improve the condition of disadvantage women and Adolescent's girls and children in the society. The implementation process of the project is totally based on the community participation.

### Capacity building of project staff

Improving the quality of teachers in the classroom "does more to assist students who are educationally at-risk than any other policy-controllable issue" Teacher capacity-building has been found to be the most productive investment for schools and far exceeds the effects of teacher experience or class size.

At last year our staff attended training and workshop which are following –

- On 30th November Ms. Kousher Parveen, Mr. Wahid Hussein, Ms. Annupama, Ms.Sughra, went to safderjong station with women and participated the HIV/AIDS program.
- On 10<sup>th</sup>December the teacher Rinki went to the Gandhi peace with adolescence girls on account of child right day and girls participated the program.
- On 10<sup>th</sup>December teacher Ms. Kirti went to the Jaishanker Memorial with children's to participate the cultural program.

## SCHOOL LIBRARY PROGRAMME REPORT 2008-09

This programme is for establishing the libraries in MCD Schools across Delhi for the benefit of the community with the



Children are beingtaught by facilitator in library programme

partner organization EFRAH is collaboration with Room to Read India trust In a very beginning of the programme MCD schools did not have any kind of library though they have some books kept locked in the Elmira's which were safely used by the children as there was no initiative given to the children. At this point we started the library these school with the full support of Room to Read and with the facilitators were given training & getting feedback from them put them in the proper groove in the path to make use of library by the children after completion of the two years the scenario will change now

## REPRODUCTIVE AND CHILD HEALTH (RCH-II)

We have running the project of reproductive and child health programme II since October 2007 till now. In collaboration with SOSVA in Dakshinpuri area of South Delhi. The areas which we are covering in Dakshinpuri area are F, G, H, and Sanjay Camp (which has 2 blocks- A & B)

Reproductive child health programme provided the services for preventive, curative and health promotion of the women and children with special focus on adolescent girls. Information on Care of the child, its nutrition, immunization, importance of breastfeeding, weaning, how and when to start solids, and how to give home cooked food to the children and what all can be given to them are all the information provided to the women and young girls in the community



## SERVICE OUTCOME

- EFRAH has counseled 500 pregnant women about the need of their care during antenatal, post natal care and also got 600 children (0-2 years) immunized.
- Improved institutional deliveries from 39% to more than 50%.
- Increased the number of complete treatment of the STI/ RTI patient
- EFEAH has organized two “Health Camp” successfully, among the Dakshinpuri Communities for their immunization, ANC check up, HIV/AIDS Check up and counseling.
- We have once a week OPD in our office for Clients
- Developed health seeking behavior of the community people.
- Strengthening of the referral system of health care institution

## TARGETED INTERVENTION PROGRAMME

EFRAH has been running Target Intervention Program in Partnership with Delhi State AIDS Control Society- Govt. of Delhi, National AIDS Control Organization (NACO) Govt. of India.

EFRAH has been completed his annual coverage target and working with one thousand Female Sex Workers so some programmatic objectives mentioned below-

To provide information of control and prevention of HIV/AIDS amongst target population (FSWs).

To increase awareness about STD/HIV/AIDS among the clinic attendees and targeted HRG Population (FSWs).

To enhance knowledge and skills for prevention of STI/HIV/AIDS.

To increase availability of treatment option for STI in the Targeted HRG Population.

Encourage health seeking behavior amongst them and Peer Educator for providing support to those tested positive for HIV and AIDS.



Peer educator sharing views in meeting under targeted intervention project

This is a first year of Targeted Intervention program in EFRAH and DSACS gave us annual coverage target is 1000 but we have identified 1132 Female Sex Workers in our suggested field area. This is the mandatory to meet all clients minimum twice a month by Peer Educators and outreach workers. All TI activities are going on schedule and staff including Peer Educators has been actively involved in activities. Outreach workers have been doing outreach according outreach planning report so that was a very best activity for the progress of Project. We have a good networking with the service providers for the benefit of Target group so we refer the clients according their requirements

### **GENDER RESOURCE CENTER (GRC)**



We have been running the project of Gender Resource center at Aali Gaon since December 2008 in the collaboration of Health and family welfare department.

The growing influx of migrant population, mounting growth of slums/resettlement colony, adverse sex ratio of girls and it declining trend in Delhi, low female work participation rate, high incidence of violence and crime against women, distributed high prevalence rate anemia amongst women along with other areas of vulnerabilities such as RTI/ STI, TB, reproductive errors, protein and malnutrition – lend challenging dimension to the work required to done to make city more women friendly and to empower women themselves to create supportive and enabling environment

### **THE MAIN COMPONENT OF ACTIVITES**

The activities of Gender Resource Center are to encompass

- Social empowerment
- Legal rights
- Economic initiative – skills building, micro enterprise and entrepreneurship Development
- Health Aspects
- Information sharing and Networking aspects
- Non formal functional literacy

### **OBJECTIVE OF THE PROGRAMME**

- To act as catalyst for making Delhi safe for women through social legal and economic empowerment
- To improve health of women
- To impart skills for specific trades and to provide forward and backward linkages, enabling women to be a part of productive work force obtain good remuneration.
- To provide facilities with linkage for school drop outs to be return to mainstream and to provide non formal functional literacy
- To establish a mechanism for linking existing government scheme for women and to enable women to access better

### **ACHIEVEMENT OF EFRAH**

- Since 1999, EFRAH has mainstreamed approximately 15000 children of the age group 3 to 14 years (comprising of 60% girls and 40 boys) to public and private schools
- We have been working with 56000 children in MCD School and providing them reading culture in school by establishing library.
- We have been developing the reading and writing skill more than 56000 children in library programme since 2006.
- 40 adolescent girls have been facilitated to complete their education through NIOS
- 1050 adolescent girls from within the communities are active members of Adolescent Awareness groups (AAG) who are responsible for spreading awareness related to matters/issues affecting them like eve-teasing, sexual abuse, physical and mental harassment, domestic violence, etc.
- The capacity of these girls and their parents have been built on the issues like legal awareness, how to lodge FIR, how to make use of the various help lines available for them

- 600 adolescent girls and women have been provided with vocational training skills on beauty culture, tailoring, stitching and embroidery, cooking, child care and care of elderly. 245 adolescent girls and 90 women of them even started earning amount of Rs. 1000- 4000/-, which has made them financially independent. These women and girls feel confident and now are also involved in decision making in their families.
- The community women have formed Self help groups. 14 SHGs are formed. Total of Rs 182,000/- have been collected by the SHG leaders.
- The SHG leaders have been imparted training on various issues concerning the SHG. These members meet and function independently. SHGs members have already taking loan and repayment continue. These members have utilized this money for setting up a small business, like selling tea, setting of fruits/vegetable/egg stall or used them for the marriage of their children
- EFRAH has facilitated formation of 5 Basti Education Committee (BEC). Each of these comprise of mainly 5-7 women members who are empowered to be involved in the community issues- be it education of their children or health, hygiene and sanitation of the community. These members are the ones who have motivated the parents of adolescent girls to form AAG. They have also facilitated admission of children to schools.
- EFRAH has counseled 443 pregnant women about the need of their care during antenatal, post natal care and also got more than 2000 children (0-2 years) immunized. EFRAH staff also maintains a regular follow up of these along with counseling other pregnant women.
- We improved institutional delivery from 39 to more than 50%
- EFRAH facilitated opening of three Primary Schools after developing and strengthening linkages with nearby government schools, stakeholders like top bureaucrats, directorate of education, and other related stakeholders / bureaucrats involved in education. Efforts are on to set up a primary and Senior Secondary School in Madanpur Khadar.
- We given the presumptive treatment of 821 female sex worker
- We have been counseled 752 female sex worker in targeted intervention project
- We have been setup the vocational training center and till now we enrolled 200 beneficiaries under the Gender Resource center project.

## OUR FUNDERS

- Ø Room to Read India Trust
- Ø Oxfam India
- Ø HPS Social Welfare Foundation
- Ø Department of Health, Govt. of Delhi and SOSVA (N)
- Ø Delhi Social Welfare Advisory Board
- Ø Department of Education, Govt. of Uttar Pradesh
- Ø Directorate of alternative Education (SSA), U. P.
- Ø UEE Mission, Department of Education, Delhi
- Ø Delhi State Aids Control Society
- Ø Uttar Pradesh state Aids Control Society
- Ø Mr. Jitendra Kohli Individual Donor, U.K.
- Ø Oxfam India
- Ø German Embassy, New Delhi
- Ø Community contribution and Individual Donations
- Ø Mission Convergence (GRC) Delhi Govt.