

ANNUAL REPORT

2004-2005



**EMPOWERMENT FOR REHABILITATION, ACADEMIC &
HEALTH (EFRAH) (For a smile on every face)**

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The Registration Number of the Organization is S-34553 under the Government of NCT of Delhi on March 17, 1999. Registered under Foreign Contribution Registration Act 6(1) (a) bearing registration number 231660324. Registered u/s 80G and 12A of Income Tax Act

FOREWORD

Friends

This is my pleasure to put forward the progress report of the activities undertaken by Empowerment for Rehabilitation, Academic and Health (EFRAH) during the financial year 2004-05 for the comprehensive development of the people at need.

The EFRAH believes that the people are capable of solving their problems and managing their affairs provided guidance and support are provided at right time. Our country has a rich reservoir of human assets. They have always played important role in the development of the country. We are proud of our yesterday and hardly talk of today. This is time to use our human assets and local wisdom to take charge of today and leave making excuses for our inactiveness. The activities mentioned in the report have been planned and executed with the active participation of the people as stakeholders in the development process. It is our endeavor to enable the people to share their responsibilities.

We are a small organization and have made a humble entry in the development sector. The problems are enormous and resources are limited. But we believe that resources are not constraints for work rather commitment initiates and sustains activities inspired by the concern and philosophy of the organization. The organization is taking planned steps towards a long ranged development process with the people at disadvantage.

Our country has more number of voluntary organizations than any country of the world. Voluntary organizations and community groups have a very significant key determinant role to plan and execute the well thought systematically structured development actions with commitment. It is our ethical responsibility to maintain national character, promote natural resources, and, keep the coming generation aloof from the envisaged dangers of human folly.

We all jointly can, and, will meet the challenges of human race. These all are very good words but the real difference can happen only with the implementation of such collective actions.

The EFRAH has been trying hard with its limited resources to integrate, organize, concretize and democratize the people by mobilizing people and resources with a significant support from the development friends. The activities undertaken by the EFRAH are very few and hardly sufficient looking at the quantum of the prevalent problem. The EFRAH needs to strengthen its base to provide direction to the development process in the community.

The report is brought out with the intention to share our achievements, problems, planning and resources with the people, donors, government and non-governmental bodies, and, the development friends. We are sure that the report shall reflect comprehensive achievements, and, encourage participation and voluntarism to the cause of humanity.

President

1. The ORGANIZATION

1.1 VISION

To build a society based on promoting socio-economic justice, social sensitivity and empowering deprived group in a manner that they can become self-reliance and work collectively for social change.

1.2 MISSION

EFRAH is committed to work for the holistic development of people, living in dehumanized and deprived conditions in the society, without any discrimination caste, creed and religion.

1.3 BACKGROUND

EFRAH is a non-governmental, non-profit organization constituted with a purpose to approach the uncared and disadvantaged people of the community with special emphasis on child rights. The organization is registered under society Registration Act 1860 (Act XXI) and Foreign Contribution Regulation Act. All the contributions made to the EFRAH are exempted of Income Tax u/s 80G and 12A of the Income Tax Act.

EFRAH believes in the basic capacities of people to develop as useful citizens capable of managing their affairs and contributing towards the development of the community, considering education as a basic tool for their capacity building. Consequently, all the initiatives of organization are undertaken with active participation of people with an exhaustive education and women empowerment program.

EFRAH emphasizes mainly on childcare, sensitization & empowerment of women. The activities are introduced after thorough community awareness and concretization exercise. Community People's are motivated to shoulder responsibility of managing the program activities under careful professional support of the organization.

2. THE AREA

The EFRAH has made modest beginning in the slum and resettlement colonies of outer Delhi. The people of these slum clusters have migrated from different parts of the country in search of regular sources of income. This is a mixed community in terms of language, creed and cultural practices. The minorities, scheduled caste and scheduled tribes exclusively inhabit some of the clusters. They are living mainly on labor, petty trading, factory work, domestic help, etc. Poverty, unemployment, lack of sanitation, women and child abuse, malnutrition, illiteracy, repeated pregnancies are among the major concerns of the people in the area. The area has insufficient and inadequate development infrastructure. The people are living as amorphous community and lack necessary knowledge for the purpose. The organization by virtue of its activities for the last six years has developed good rapport with the people.

Clusters covered by EFRAH:

- Madan pur Khadar J. J. resettlement Colony, New Delhi
- Jaitpur and Jaitpur Extension 1 & 2, New Delhi,
- Gandhi Camp- Okhla Railway Station, New Delhi,
- Gandhi Basti Srinivas puri, New Delhi,
- Rural area of Distt. Etawah & Auraiya (U.P.)

3. OBJECTIVES

- To promote and provide quality education to children who are socially & economically deprived.
- To provide for the advancement of social welfare, norms & values and diffusion of useful knowledge, mutual assistance discussions of common problems and protection of the

interest of the society.

- To eliminate social and cultural discrimination that limits the demand for girls schooling.
- To promote human dignity and awareness of duties & right.
- To undertake activities for accelerating social reform through educational & economic upliftment.
- To extend and access cooperation from like-minded individuals associated with different organizations, to advocate & network for social issues.
- To extend academic and organizational support for establishment of educational institutions in backward area.
- To promote and support community health action through voluntary as well as governmental initiatives.
- To educate people on the various aspects of self-employment and encourage and assist linking them with different financial institution to establish their own means of employment.

4. ACTIVITIES

4.1 EDUCATION

EDUCATIONAL CENTERS

More than 2850 children covered under group wise educational activities, were held for out of school and school goers. 10 Remedial education classes were held with the children attending formal schools, 54 Non-formal education classes were organized for out of school children in 6-14 age groups, 6 pre-school for 3-5 years children to prepare the small children for formal schools. The technique is play way method and 7 Urdu languages adult education centers for adolescent girls and women of minorities section. In all the centers, the average attendance of children generally varied 80% to 90%.

PRE-SCHOOL PROGRAMME

Pre- school centres are run by EFRAH to lay a healthy foundation towards education among these poor children. Continuous efforts are made so that the children learn in these classes through play way, music, songs, dance, drama craft puppetry activities and stories. The children also learn to identify colours, animals, birds, means of transport and alphabets in Hindi and English. The play way activities are designed considering their environment. The emphasis is laid on psychological and physical development through play activities. 162 children provided preparatory education in 5 preschool centers. Among them 130 children were admitted to school.

REMEDIAL EDUCATION

In order to achieve sustainability of school going children 390 children were helped to bridge the educational lag through 13 remedial education centers The weak children are provided coaching in these centers to improve their scholastic abilities and thus curb drop out rate from the schools .

LEARNING CENTERS

Under the Univerasalization of Elementary Education Mission 1643 out of schoolchildren were helped, in 40 learning centers to have education at par with formal education and ultimately seek admission in formal schools. In 2004-05 EFRAH 840 children mainstream into formal school from learning centers.

NON-FORMAL EDUCATION

The NFE project of EFRAH is run in partnership with Oxfam Trust. Eight new centers have been started at Madanpur Khadar JJ colony. The objective is to provide education to non-school going children focussing the non-starters particularly girls and to reduce the school dropout rate by providing exposure to academic learning & creating an environment towards mainstreaming into

formal education system. The NFE classes are run for 2-3 hours near the place of living. These children are retained in the NFE Center for 2 years and then streamlined in age appropriate classes. 548 children are joining the formal section of education from our centers. These children were staying at their homes to look after their younger siblings.

BRIDGE COURSE PROGRAMME

EFRAH helps the weak students to learn in a conducive atmosphere by making education interesting for them. Support is provided to develop cordial relationship among teachers and parents. 375 children were covered under this program. 9 bridge course centers are running in municipal primary school premises to curb the drop out from schools. Regular follow up was done to ensure sustainability of these children in the classes. Drop out rate is reduced significantly from the schools. The entire education program is being supervised and monitored by Parents Teacher Associations and Basti Education Committees.

ADULT EDUCATION

With the support of Urdu academy, Delhi 7 centers are running for Urdu in Gandhi Camp, Madan pur khadar J.J. colony, Srinivas Puri. 156 adolescents' girls and women from minority community are attending these centers in their free time. All successful participants received certificate and participated in Girls Education right campaign organized at Talkatora Stadium.

TEACHER'S TRAINING

In an effort to enhance the capacity of the teachers, training was organized in the month of Nov. 2004 and February 2005. The training was focussed on teaching through play-way method, understanding the child, organising the classroom, formation of Basti education committees ,PTA,, and the process & importance of planning.

STUDENTS WELFARE COMMITTEE

EFRAH is an active member of the Student Welfare Communities of many schools, namely, Govt. Sr. Sec. School S.N. Puri and 3 primary schools with the purpose to improve educational activities in the schools. The welfare committees and school administration collaborate for betterment of children's future.

SCHOOL ENROLLMENT PROGRAM

School enrollment was emphasized by EFRAH and to help in this sphere the capacity of the children was enhanced by organising mock tests and interview sessions. About 1600 children were helped to get admission in the formal school. A special campaign was launched from April to August 2004 to motivate the parents for school admission. Information about school admission was imparted by way of personal contacts, meetings and rallies.

BASELINE SURVEY ACTIVITIES

A Baseline survey was conducted in August to develop exhaustive data bank on the "out of school" children in Madanpur khadar block and Jaitpur resettlement communities, covered under reach univerasalization elementary education project. Latest demographic base line data report shows that there are 26725 families (identified) in Jaitpur unauthorized colony with as total population of 1.41 lakhs. Majority of them are daily wages earners. Petty vendors, helpers in factories etc. Total population of 6-14 years old children is 30750 out of which 23367 are school going and rest 7383 are still out of school. Again, 7367 children out of 23367 are enrolled to Govt. / M.C.D school and above 10000 children are in PVT/Public schools. The figure also shows that only 3420 girls out of 7367 are admitted in Govt. schools. Shockingly. Only one building school with four shifts is available to cater the need of mainstreaming the children.

Situation is not different in Madanpur khader resettlement colony and slums where 12811 families with a population of approximately 70000 are. Total number of school going children is 6898 while total population of children in the age group of 6-14 is approximately 14651. It shows that there are approximately above 6000 children in the age group of 6-14 are still out school in this area. There are only two MCD primary schools with two shifts in each in the area. The number of girl's attending formal schools is very lower than the boys.

BASTI EDUCATION COMMITTEE

Basti Education Committees have been formed in each of the areas in order to initiate educational programs in their respective areas. The committees meet every month to review status of the program and plan future activities and strategies.

QUALITATIVE ACHIEVEMENT

Qualitative development is visible in +the community in various ways such as, enthusiasm of parents has increased, parents are coming forward to enroll their children in the school, participation of parents in the program, formation and functioning of different community groups and committees. The method of door-to-door contact has created trust among the community people and turn out of children for admissions is increasing.

CELEBRATIONS / CULTURAL ACTIVITIES

In order to inculcate cultural values in the children EFRAH according to its philosophy encourages the children in celebrations of local and national festivals in their respective centers. The festivals of Diwali, Id, Lohri, New Year and Republic day celebrated at their respective center levels. Community people also participated in all of the celebrations shouldering all of expenses of the programs.

SPORTS

In order to promote love of sports events like cricket, race, long jump, etc. were held for different categories of the children .Every child participated in one or the other event. Prizes were distributed to encourage the children.

EXPOSURE VISIT

The children were provided accessibility to first hand learning by making visits to the places of entertainment and historical importance. Orientation was given before the visits and follow up was done to consolidate learning.

PARENT TEACHER ASSOCIATION

Every center has an organised PTA and regular monthly meetings are held to monitor progress of children and enhance participation of parents in the program. The parents teachers meetings took serious consideration of laxity in the schools management and late arrivals of teachers in classes. The parents are now very concerned about their children progress. A lot of awareness activities have been conducted among the parents. As a result, they maintain contact with the teacher as well. Still, they rarely go to the schools to inquire about their ward's progress. During the meetings all the parents, especially mothers decided to visit their children's school at least once a month to get acquaintance with the progress of their children.

ENRICHMENT & AWARENESS PROGRAMS

Participation in rallies organised by NAFRE marked the commitment of the people towards education of their children. The key issues around which the rally revolved were 25% reservation in public schools for the economically weaker sections & the compulsory education Bill.

A training program Cum workshop was organised by the Delhi chapter of the network FORCES to emphasise the need of effective implementation of ICDS program of govt.

Nukkad Nataks and video shows organized on different issues. A cultural group of community youths was invited to perform street play in the community. The theme was girl child and its related issues. The play received lots of appreciation from the people, particularly women. Video shows were organized in the community on different themes related to women and children.

4.2 HEALTH

ADOLESCENT AWARENESS CAMP

With support from IGSS a 3day workshop was carried out from 10-12 dec. 65 participants from Madanpur Khadar phase 1,2,3 attended the workshop with interest. It was a great learning experience for them to gain inputs on self defense, legal rights of women , gender bias, HIV-AIDS and realising about their self. Adolescent groups called "Saheli" were formed.

An interesting mode of generating awareness is the media formulated as per local needs. "Khilta Bachpan" is one such media specially designed to teach the young girls and women about life skills , self defense, their rights and legal aspects.

MAHILA JAGROOKTA PRASAR CAMP

This was organised in collaboration with Delhi social welfare board . It was a successful attempt to awaken the poor women towards their latent power and to know about their rights, their health, their financial power and how to build on it. The camp was concluded with a community lunch prepared by the men folk. These camps had been organised from 12th feb-20th feb'04 & 04th march-12th March'04.

HEALTH AWARENESS CAMP

A health camp was organized with the help of AIIMS, Delhi Govt. Health dept. JSAD (JSAD is a forum of NGO's which is touching health as a fundamental right) and EFRAH jointly to develop collective understanding, and to work out a detailed shared strategy regarding implementation of community health programs in collaboration with public health centers. And also, develop linkages with qualified doctors, other hospital and local dispensaries for health care of the slum people. The ill effects of health care by unqualified Quacks were also discussed.

DENTAL AND EYE CAMP

Camp was organized with the cooperation of Local qualified doctors. The children and adults participated in the event for check up of their teeth. The doctor provided them desired advice for dental care. Eye checkup camp was organized and 156 patients were examined by the doctor and 5 patients were operated for cataract.

AIDS AWARENESS PROGRAMME

In collaboration with another organisation a rally for making the people of Madanpur khadar aware of the dangers attacking them through AIDS & the ways to prevent themselves from it was successfully organised. AIDS Awareness was the major focus of Family Health Awareness Campaign (FHAC). for a week (1st July to 7th July 2004) with the collaboration of community.

Handbills, screening facility and shows were among the major activities of the campaign to bring awareness on RTI/ STD/ HIV/ AIDS and other related issues. Counseling support services were provided to the youth, adolescent girls, women and men in the community. A workshop cum meeting was organized with Volunteers and community workers to motivate the families for participation in the campaign.

PREVENTION OF FEMALE FOETICIDE:

102 women participated in the campaign to prevent female foeticide. The program was organized by the organization at Madanpur Khadar and Jaitpur.

JAN JAGRAN ABHIYAN

Activities like, Rally, Nukkad meeting, Wall writing, Street play and individual interaction with the people focussed to raise awareness level of people and conscientize them towards the need of the project activities for their children and families. Expertise from other specialized organizations and social activists were involved to make the program more effective and meaningful for the people. The outreach workers of the slum dwellers held regular meetings with the various stakeholders in the communities' viz. domestic worker, laborer, rickshaw pullers etc. Various methods of interaction viz. street plays, jathas, convening with loud speaker and public meetings were organized to enhance their awareness level.

TRAINING OF TRAINERS

Training was organized with the support of NABARD for Staff in order to equip them with basic facts of Micro credit and self help group activities, importance and benefits of SHGs in rural areas. 40 women and staff participated in the workshop.

4.3 ENVIRONMENT AWARENESS CAMP

Awareness camp was organized by involving schoolchildren, community members and children of informal centers to focus on solid waste and its related problems. Waste is a big challenge in the area. The main objective of these activities was to spread awareness among community people on proper segregation of solid waste & composting of bio-degradable waste. The people were motivated to dispose the garbage in the dustbins to keep the streets and homes clean. A one day seminar was organized in collaboration with India Environment Society to enhance know how level of the families.

Other activities undertaken for the purpose were drawing and painting, debate competition and rallies.

DRINKING WATER

The people were given inputs on the usage of water. Water of hand pumps was tested and people were told about water not fit for drinking. They were oriented on water borne diseases. A seminar was organized to educate the people on the importance of environmental sanitation. Children, youth and community people participated with enthusiasm.

4.4 SELF HELP GROUPS

In partnership with Nabard a comprehensive training programs of 3 days was fruitful with topics ranging from SHG's in developing countries, strengthening of groups, forming networks, record maintenance and building linkages with financial institutions. Another in-house training program was done for the beneficiaries to build up their capacity in forming and sustaining SHG's. 12 new SHGs were formed and two of the SHG's had got their Bank accounts opened.

4.5 HUMAN RIGHTS

Exhaustive education program was undertaken on human rights. A week was observed as girls child week. The parents were educated on rights of the children and the women were educated on women rights. Awareness material was made accessible for the people regarding the same.

4.6 VOCATIONAL TRAINING

A special workshop on vocational training for physically handicapped youth was conducted. Vocational training classes were held particularly for women in the trade of cutting and tailoring. 42 girls participated in these classes. The girls were given orientation on life skills and employment market.

4.7 COMMON CONCERNS

Initiatives were undertaken to address the common concerns of the community related to electricity connections in the unauthorized colonies, park development, consumers rights and road safety measures by way of talks and awareness material. A communication team has been developed. The team prepared different need-based plays and enacted in the community.

4.8 NETWORKING

EFRAH is participating in different forums of organizations working in the similar field, such, as Jan swasthya abhiyan, Delhi Bal adhikar manch, Delhi forces, All India Association on Voluntarism and Lok adhikar manch with the belief that group action is better than individual action.

4.9 CAPACITY BUILDING

Capacity building for members of Staff and community groups is an ongoing activity in a phased manner. It starts from induction and orientation on organization and program. The participants are imparted with technical inputs related to their work such as a teacher is given inputs on child development, community development, teaching methodology, documentation, preparation and usage of teaching-learning material, etc.

PROJECT AURAIYA (U.P.)

The project at Auraiya (U.P.) was initiated in this year with financial support from IGSS. Under the NEG program 6 balwadi's, 6 REC and 6 NFE centers are being run by the EFRAH staff at U.P. .A teacher's training to upgrade their skills and to teach them about new methods of teaching was conducted. A training for SHG formation was conducted by support from DDM Etawah and NABARD.

5 STRATEGY

The EFRAH has formulated strategy in consultation with the community. Some of the important features of the strategy are;

- The disadvantaged, such as, poor, aged, women, children, handicapped, minorities, scheduled castes, etc., are given priority for rendering services.
- Some considerations, such as, gender sensitivity, child development and environment conservation, are given while planning or executing any community development program.
- Local resources, men, material, money, etc., are given priority for undertaking any development initiative.
- All the programs are monitored at three levels, i.e., group at community level, implementation committee at project level and staff at organization level. Feedback is given immediately after monitoring.

- Linkages are established with the resource agencies for smooth implementation of the program.
- Groups are developed in all of the project communities. Regular interaction is ensured with the groups. They are given managerial inputs to improve the effectiveness of their individual and group enterprises and programs
- Planning and execution of the development programs is done through the respective local groups.
- The programs are started with a plan of definite phase out after a stipulated period.
- The people in a gradual process starting from orientation to owning the program shoulder responsibility of managing the programs.
- Three level approval and checking system is followed for any petty expenditure. Proper records are prepared for every bit of accounts. The accounts are audited by in-house team and an outside audit firm.
- The strategy is reviewed in sight of the project objectives while undertaking any project.

6. FUTURE PLANNING

The EFRAH has just taken a step to improve the quality of life of the people of its catchments area. Its work may be termed as groundwork or foundation for the big ventures. Of late, it had a community diagnoses exercise and prioritized the problems. It is proposed to take up programs related to one or more related problems at one time, till it gains sufficient infrastructure, team and resources.

The EFRAH initiates activities keeping into consideration, long-range global development of the community and related areas.

Following programs have been envisaged to meet the developmental needs of the area:

6.1 POVERTY ERADICATION

Major hindrance in development has been created by poor self-concept of the people and poverty, which is resultant of many other issues like indebtedness, unemployment, remorselessness, etc. Programs, to increase employment opportunities and income status of the families, shall be taken. Mainly agriculture and traditional occupations based programs shall be encouraged by updating and upgrading the existing skill.

6.2 COMMUNITY MOBILISATION & DEVELOPMENT

To sustain the good work , continuous community mobilisation has to be emphasised. For this a number of activities like Health check-up camps, eye check-up camp, counselling of families in case of domestic violence, awareness building activities and celebrations of various festivals & group meetings are carried out .

The basic development infrastructure and basic facilities shall be ensured for the people to gear up their development process, drinking water, old age homes, crèches, production centers, library, etc. Program for community development shall be strengthened with innovations.

6.3 ADVOCACY

Advocacy campaign on special concerned issues shall be started simultaneously. The purpose is to convince policy makers on one side and ignorant people on the other side.

6.4 ENVIRONMENT PROMOTION

Environment degradation is one of the major problems of the area. Special programs shall be undertaken for community sanitation, ground and air pollution and water management for environment promotion.

6.5 ISSUE BASED PROGRAMS

The EFRAH shall undertake issue based relevant programs in the community. There are some concerns troubling the people at local, national and international levels. Some of them are equally important for the community, such as, mother and child health, literacy, aged care, child development, environment degradation, unemployment, indebtedness, etc.

7. MANAGEMENT

The

Name	Sex	Designation	Occupation
Mr.Mahavir singh	M	President	Service
Mr.Sayeed Ahmed	M	Secretary	Social Worker
Mr. Kuldeep Awasthi	M	Treasurer	Businessman
Dr.Pramod Gupta	M	Member	Doctor
Mrs.Munnawar Khanum	F	Member	Education Supervisor
Mr.Rajesh Jaiswal	M	Member	Business man
Mrs.Nasreen	F	Mamber	Social worker
Mrs.Kausar Praveen	F	member	Social worker
Mrs.Rashida Begum	F	Member	Social worker

executive committee of the organization is the main management body. It is constituted of eight members from different background. Their names and position are given in the following table.

8. GRANT AND DONORS AGENCIES

- (a) HPS Social Welfare Foundation
- (b) Oxfam trust India
- (C) Indo Global social service Society
- (d) Delhi Social welfare Advisory Board
- (e) UEE Mission, Dir. Of Education, Delhi
- (f) National Education Group
- (g) Indian Environment Society
- (h) Urdu Academy, Delhi
- (i) Community Contribution
- (j) Individuals Donors
- (k) Friends and supporters

APPEAL

Friends

The EFRAH has started its fight against the evils prevalent in the community with its limited resources. We believe that problems are unsolved solutions and the people are most capable of solving their own problems provided due facilitation and support is provided at the right time. We have many limitations but our team does not lack commitment.

The development process today has brought many new problems. Nature and quantum of problems is increasing and so is the number of persons involved in the development process thru government and non-government mechanisms. It requires a personal concern to address any problem or need.

We understand that many of you are already working for the cause in different parts of the world. We shall be more than happy if you could join hands with us for the common cause of development.

Let's walk together, talk together and work together.

For details Contact - Project office

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