



Supply of Food Ration and Essentials for Corona Relief

Covid-19 Relief Program is undertaken in this difficult time of Coronavirus pandemic. Our volunteers, donors, and partners made this happen - our sincere thanks to Japan Platform and Japan Asian Friendship Society (JAFS).





Update: 150 Grocery kits containing essential dry ration distributed to 150 households/families. See below for details of distribution

The COVID-19 pandemic has inflicted immense misery and suffering on people. The lockdown has left the migrant laborer's, daily-wage earners, and homeless struggling for essentials like food for survival. Even after the situation is bit controlled, they are not getting any work.

On a mission to provide urgent relief in the form of Essential Food & Supplies Relief Packages to those worst affected by lockdown, 3 partners combined their strengths: Japan Platform, Japan Asian Friendship Society (JAFS) and Gram Sewa Sangh Nagpur as the need for relief is urgent and huge.

Each Relief Package weighs an average of 15 kg and can sustain a family of 4 for 3 weeks. Contents include:

- 10 Kg Rice
- 10 Kg Aata (Wheat flour)
- 2 Kg Daal (Pulses)
- 2 Kg cooking oil
- 1 Kg Salt
- 1 kg Sugar
- 1 Kg Poha
- 1 Kg Rawa (Semolina)
- 3 Packets of Biscuits
- 200gm Haldi (turmeric)
- 200gmLaal Mirch (Red Chilli) Powder
- 200gm Coriander Powder
- 200gm Soyawadi
- 150gm Toothpaste
- Bathing soap, Rin bar, Reflect bar (1 Unit each)

• 1 Kg Washing Detergent

Note: Contents are according to the need of local community.

HOW: Delivering essential reliefs has 3 essential components:

- 1. **Assessment of community needs** Volunteers regularly visit the affected areas to understand where the need is most critical. They visit the houses of affected families and listen to the problems they are facing. They are helping compile the communities, locations, number of people affected, and profile.
- 2. **Sourcing of quality food kits and essentials –** Vishal Paranjape (President of Gram Sewa Sangh Nagpur) along with his team members is reaching out the vendors to buy quality grocery items & essentials at a wholesale rate.
- 3. **Distribution to affected communities -** Staff, Team members and volunteers of Gram Sewa Sangh Nagpur are managing the distribution of Grocery Kits to the needy people and in compliance with the safety procedures.

Ensuring Safety and Wellbeing through Hygiene Awareness Program

Gram Sewa Sangh Nagpur, India distributed more than 1850 hygiene kits and helped in creating health awareness among women/children/household workers/essential drivers who are providing services to the communities during these difficult times.















बार-बार अपने हाथों को साबुन और पानी से धोएं



डिस्पोजेबल टिश्यू या रुमाल के साथ अपनी नाक और मुंह को कवर करें



भीड-भाड या सार्वजनिक रथानों पर जाने से बचें, इन जगहों के स्पर्श में आने पर अपने हाथों को सेन्टिाइज करें



अगर इनमें से कोई लक्षण है तो 24x7 स्टेट हेल्प लाइन नंबर पर संपर्क करें 011-23978046



अगर आपको सर्दी, खाँसी, बुखार या इन्फ्लुएंजा जैसे लक्षण है तो जल्द से जल्द डाक्टर से परामर्श लें। डाक्टर से

इस्तेमाल के तुरंत बाद नैपकिन या टिशू

पेपर को कवर कचरे के डब्बे में फेंके

बात करते समय मारक या कपडे से मुंह को कवर करें



अगर आपको खाँसी और बुखार का अनुभव हो रहा है तो किसी अन्य व्यक्ति के साथ निकट संपर्क न रखें



अपने आँख, नाक और मुंह को अनचाहे हाथों से न छुएं



सार्वजनिक स्थानों पर न थूकें

Protect Yourself And Your Family

Wash Your Hands Regularly

हम सब साथ मिलकर कोरोनावाइरस से लड़ सकते हैं



Mask Distribution Campaign in the Village



Gram Sewa Sangh Nagpur along with team members distributed more than 2000 mask to the village people. At the same time, the GSS team took awareness program and distributed pamphlets about the health safety from Covid-19.









Free Medical Health Check-up Camp



A free medical health check-up camp was organized on 26th October 2021 by Gram Sewa Sangh Nagpur. The camp was an outcome of a collaboration between GSS, Kidney Care Foundation, Cistmed Pharmacy and Oshin Pathology Lab.

The 10 team members of Hospital including one Physician, Eye Doctor and One Gynecologist arrived at the village at 9.00 AM. Mr. Vishal P Paranjape, President of Gram Sewa Sangh Nagpur presented the flowers to Dr. Vibha Jadhav, Dr. Suresh Jadhav and Team discussed various issues of health. Free Physical examination along with free Blood Sugar, Blood Pressure and ECG tests were provided by the medical team. Medical team also given 50% discount on remaining other diagnosis tests in their hospital. Approximately 800 villagers came for the Health Check-up. Doctors advised them various medicines and consultation during the camp. Camp was successfully organized under the guidance of Doctors, Sarpanch(Head of the area), Resource Person supported in the coordination of the Camp.

The camp was exclusively organized for poor distressed people who cannot afford regular health check-up due to financial problems. Besides the health check-up camp, a free necessary medicine distribution was also organized for elderly people, women and children of those poor families.

Many doctors as well as health workers offered voluntary service in the camp. The Cistmed Pharmacy multi-branded medicine distributing company came forward to provide certain necessary medicines in free of cost. The medical camp started its work from around 9 in the morning.

As per the expectation, many people came for health checkup and more than 800 people were checked. The Sarpanch of the area Mr. Pramod Dakhale was present as the chief guest also our resource person Mr. Vaibhav Nighot was present there. He assured the organizing committee for any further necessary assistance. Thus, with a holistic coordination of different sectors, the medical camp came to a successful end at around 7:00 p.m.

Providing free health checkups to vulnerable communities







Free Medicine Distribution to the Poor Village People







Free Medicines Distribution

The free medicine campaign launched by Gram Sewa Sangh Nagpur with the help of Cistmed Pharmacy has been a big boon for the financially backward people in the slum. As many as 800 persons have benefited from the initiative. "We found that many poor people were struggling to get their health check up and life-saving medicines due to lack of money. Some of them have been without any income and couldn't afford the medicines. It prompted us to start the project. We're proud to say that we could help several people who were in dire need of medicine," said our resource person. As many as 14 volunteers, 5 pharmacists and Doctors team support the camp.

Eye Check Up Camp for the Villagers







The Kidney Care Foundation and Oshin Pathology Lab organized a free eye check-up camp for the people of the local area.

Though many people who live outside of the slum came for their eye check-up as well. There were 4 eye specialists gave their service to this noble cause. The eye camp was well equipped with all the necessary gears for examining the patients' eyes.

Some local spectacle shops came up with their stalls for providing spectacles to the patients who required at a very nominal cost. The Sarpanch (Head) of the area visited the camp and assured them with any assistance from him if required.



GSS Staff, Volunteers, Resource Person and Medical Team

OUR SUPPORTER FOR THE COVID-19 RELIEF PROGRAM

We thank Japanese Platform for their generous help in the time of need. Through your help we have been able to accomplish and continue working towards helping the poor and needy people. You truly make the difference for us and we are extremely grateful. Special thanks to Rev. Dr. Kimihiko Murakami Sensei, Founder and Executive Director of Japan Asian Association and Asian Friendship Society, Ms. Noriko Atsuta, Manager of Emergency Humanitarian Aid and JPF Project- Deputy Executive Director of JAFS, Ms. Yu Sakaguchi – JAFS Staff, all the staff and board members of JAFS for their great initiative for providing support through Japanese Platform to help the poor and needy people of slum/village of Nagpur, India to survive in this Covid-19 pandemic.

Thank you Your Sincerely Mr. Vishal P Paranjape President Gram Sewa Sangh Nagpur, INDIA www.gramsewasangh.org.in