



October is Breast Cancer Awareness Month

# Global Breast Cancer Initiative

Empowering women, building capacity,  
providing care for all

#EveryStoryIsUnique



## What are we doing?

Makunda Christian Leprosy and General Hospital is a 211 bedded secondary level hospital run by the Emmanuel Hospital Association (EHA) network, located in a tribal area strategically situated at the junction of three states (Assam, Mizoram and Tripura) with an additional 12 bedded branch hospital at Ambassa in Tripura. The hospital is awarded Entry-level NABH certificate.

We have 24/7 emergency services, HDU, Labour room, NICU and OT services.

We are also rendering our service to the community through weekly Antenatal and Mental Health clinics, monthly General Medical camps and Home based Palliative care.

We are running a two-year Auxiliary Nurse Midwife course and Senior Secondary school - Kg 1 to Class XII (Science & Art streams).

We have Agriculture department which diligently looks after the fishery, piggery, poultry and yields paddy, vegetables, fruits and mushrooms for staff.

### Pray for Makunda

1. Need of funding for Infrastructure to build Makunda Blood Bank
2. Government approval to start Makunda Nursing College
3. Need for new class rooms for 11th & 12th standard Makunda Senior Secondary School children
4. HR requirement for Doctors, Nurses and Teachers

# God Sees The Heart

**Dr.SK. Gaithaoliu**  
**Consultant (OBGY)**



Do you ever feel like you have nothing to offer?

I can only imagine how the widow mentioned in Mark 12:41-44 felt that day in the Temple, watching the others pass by on their way to the collection box, dressed in their luxurious clothes. As she watched them donate large sums of money to the Temple funds, making sure everyone noticed their generosity, I wouldn't be surprised if the widow felt embarrassed and inadequate.

All she had to offer was a tiny amount - two copper coins worth 1/64th of a denarius. She could have held onto her money out of shame that she had nothing more to offer. She could have kept it for food or other necessities. She could have left the Temple behind forever, feeling that she didn't belong with all these people who had so much more to give.

But instead, she chose to offer what she had.

Quietly she dropped in her two little coins and went on her way - no fuss, no song and dance. It seemed that her offering went unnoticed, and I'm sure she would have preferred it that way.

But Jesus saw, and God sees the heart!

Because not only did Jesus see, but He knew.

He knew the struggles she faced - the pain of losing her husband and the extent of her poverty. He knew exactly how much her tiny gift had cost her.

In earthly terms it was insignificant, but in heavenly terms, it was treasure because she offered what she had.

For us, the struggle might not be that we're poor materially speaking. It might be that we look at others around us and see how gifted and talented they are. We may feel that we can never compare and that we have nothing to offer.

But God sees the heart, and He knows. He sees our struggles, and He knows the pressures we face. He knows that what might seem like a little thing to others can be a significant sacrifice for us, and He values it when we offer what we have to Him, no matter how little it may seem.

You may feel like you don't have much to offer, but why not offer what you do have to Him today?

Give a small amount of money to help a good cause, take a few minutes to pray for someone in need, or offer a kind word or a smile to someone who could use some encouragement. And do it for Him - out of love and gratitude for all that He has offered so freely for us.

He sees our little offerings and He values them, and the impact can be greater than we'll ever know.

So then, my friends, because of God's great mercy to us I appeal to all of us: let us offer ourselves as a living sacrifice to God, dedicated to his service and pleasing to him. This is the true worship that we should offer. (Romans 12:1)



## Highlights of October

**OPD: 13646**

**Delivery: 814**

**Bed occupancy: 79%**

## Staff development & welfare:



3-8 October: Life Revision session for Makunda staff (batch-1) by Dr. KO John from Tamil Nadu



10-13 October: Makunda Team at Mission Update Conference, Delhi.

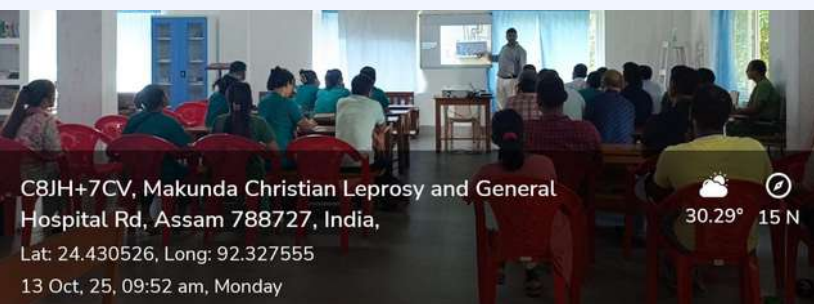


4<sup>th</sup> October: Fire safety drill for security staff



18<sup>th</sup> October: Dr. J.H Lalawmpuia at National EMFI conference at Hyderabad

11<sup>th</sup> October: A session with Mr. Ajit\* from Chennai on "Know Your Child - Learning & Behavioural Challenges". \*His testimony on page-7.



13<sup>th</sup> October: staff meeting with Mr. Shalom



19<sup>th</sup> October: Staff annual sports kick off

## Activities:



15<sup>th</sup> October: ANM students observed the World Hand Hygiene Day, a campaign run by the World Health Organization (WHO), on the theme "It might be gloves. It's always hand hygiene"



25<sup>th</sup> October: Painting competition on the occasion of World Mental Health day organised by Community Health Department on the theme: "Say No to Substance abuse, Yes to Life" in St. Joseph's High school, Manikbond.



17<sup>th</sup> October: Foundation Prayer of Blood Bank by Dr. Bino Rajamoni\*, MD Family Medicine, CMC Vellore. \*His visit report on page-8



29<sup>th</sup> October: Perinatal Audit (August & September)



29<sup>th</sup> October: Parivartan: Introductory meeting with ASHA workers.  
 18 ASHAs & 2 ASHA Supervisors with Community Health department



# Staff updates:

## Warm welcome:

1. Dr. Smyrna Martyr Vijay, Consultant (Radiologist) from Andhra Pradesh.
2. Dr. Thokchom Johnson Singh, Medical Officer (MBBS) from Manipur.
3. Mrs. Phunbulhoi Chorei, Health Assistant from Tripura.
4. Ms. Asha Vanlaldinchhuahi, Teacher from Mizoram.

*Staff Nurses from Manipur:*

5. Ms. Melory Lalruotkim
6. Ms. Lalruotmawi
7. Ms. Elina Chawngneikim
8. Ms. Nancy Lalhlanzo
9. Ms. Hope Ramhlimum
10. Ms. Remruatkimi (from Mizoram)

## Congratulations:

1. Mrs. Wanbiang Dhar and Mr. Clinton Gassah (Teachers) are blessed with a baby boy (LSCS), birth weight 2kgs on 2<sup>nd</sup> October 2025 (1<sup>st</sup> baby).
2. Mrs. Binota Rani Bakti, Health Assistant is blessed with a baby girl (LSCS), birth weight 2.9kgs on 9<sup>th</sup> October 2025 (1<sup>st</sup> baby).
3. Mrs. Golden Gassah, Nurse Midwife, is blessed with a baby boy, birth weight 2.1kgs on 18<sup>th</sup> October 2025 (3<sup>rd</sup> baby).
4. Dr. Rebecca Yanadi and Dr. Nalli Chandan, blessed with healthy baby boy (NVD), birth weight 3kgs, on 24<sup>th</sup> October 2025 (3<sup>rd</sup> baby).

## Farewell:

*Thank you for your service:*

1. Dr. Singam Prathyusha, Medical Officer
2. Ms. Rumshimy Phawa, Staff Nurse
3. Ms. Hoipi Guite, Nurse Midwife
4. Ms. Sumsangzo Purulte, Nurse Midwife
5. Mr. Joseph Murmu, Pharmacist
6. Mr. Riskhem Malang, Lab. Tech.



Special thanks to Mr. Ranngula Darlong, PRO & his team for their dedication and compassion in visiting a patient residing in a remote area. Their efforts to reach those who face challenges in attending regular follow-ups truly reflect commitment to patient care and service excellence.



15-31 October (two weeks): Dr. Ansao M Sangma, Medical Officer (MBBS) is deputation to Lakhnadon Christian Hospital, Madhya Pradesh.

# Visitors:



(L-R): Dr. Tejaswi & Dr. Lianne Dmello from CMC Vellore, and Dr. Geethu Rachel Iype, Surgeons from Believers Church Medical College Hospital, Kerala.



Dr. T.C.Sharma, Urologist from Delhi. He conducted 15 surgeries.



B.Sc.N students from CIHSR, Dimapur with their tutor Ms. Wigeng Chewang for OBGY posting.



10 MBBS students from Believers Church Medical college Hospital, Kerala came for two weeks Secondary Hospital posting.

October 14-16: VR Logical from Bangalore for the HIMS preventive measures.



18<sup>th</sup> October: Mr. Monilal Goala, ex-MLA & his colleagues visited us.

T.K.& C Memorial Trust donated Bubble C Pap worth ₹ 162015/-

# Rediscovering Purpose

Mr. Ajit, a special educator from Uttar Pradesh currently based in Chennai, visited Makunda, Assam, to assist Shalom Consultancy with calibration work and to learn from their team. Though calibration was his initial reason for coming, Ajit soon realized that God had brought him there for a deeper purpose. Born in a medical family, he was encouraged to pursue a medical career but chose teaching after discovering his ability to make a difference while tutoring students in school. His true passion lay in working with special needs children and raising awareness about neurodiversity. Ajit explained that while studying special education in Chennai, his missionary zeal faded as he became engaged in the city's comforts and opportunities. He worked in international schools, where he gained valuable skills in assessment, planning, and identifying children with special needs. However, his visit to Makunda reignited his original passion to serve in resource-challenged mission fields. During his stay, Makunda's management discovered his expertise and invited him to train local teachers. Through this training, he realized the pressing need for special educators in nearby districts where none were available. Ajit felt that his experience in Chennai was preparation for this calling—the skills he learned in urban schools could now be used to strengthen mission schools in rural areas. He shared that although his initial task was calibration, he became more drawn to working with schools and teachers. Ajit now feels a calling to serve in such places but prefers not to rush, believing that God's placement—whether in Chennai or Makunda—will allow him to be a blessing wherever he is. He asked for prayers that he may use his skills to empower schools in need. His passion for training teachers was so strong that he humorously admitted missing a few calibration sheets during the process.



Mr. Ajit from Shalom consultancy, Chennai

Reflecting on how the mission trip transformed his understanding of missions, Ajit confessed that he once believed mission organizations lacked financial resources and could not sustain workers adequately. Growing up in financial hardship, he thought it would be impractical to serve in such fields and therefore chose better-paying international schools. However, witnessing life at Makunda opened his eyes. He realized that though financial compensation might be modest compared to big cities, life there is rich in simplicity—surrounded by greenery, natural food, and clean air. Ajit came to understand that missions are not poor; rather, they are sustained by God's provision and the faith of those who serve selflessly.

To young people and peers in cities like Chennai and Bangalore, Ajit urged them to look beyond the comforts of high-tech urban life. He encouraged them to explore rural or underserved areas and use their skills where they are most needed. Even short-term consulting or contractual work can make a significant difference in such regions.

Ajit concluded by commending the Makunda team's unwavering faith despite challenges like limited resources and government restrictions. Their perseverance in maintaining the hospital and nursing school deeply inspired him, strengthening his resolve to continue serving wherever God leads.



scan to watch the YouTube video

# Mission Hospital Visit to Makunda, Assam

**Dr. Bino Rajamani. J**

**MBBS; DCH;MD;DNB (Family Medicine)**

**Assistant Professor, Department of Family Medicine**

**Christian Medical College, Vellore**

I recently had the privilege of spending two weeks (October 2025) at Makunda Christian Leprosy & General Hospital, Assam—a place deeply committed to compassionate service and community-oriented healthcare. This was my second visit to Makunda, and it proved to be another rich and fulfilling experience.

Each day began with a time of morning devotion at 8 a.m., setting a tone of reflection and purpose for the day. This was followed by the morning teaching session, where Junior Medical Officers (JMOs) presented cases admitted overnight. Together, we discussed each case in detail, focusing on clinical reasoning and holistic patient care.

During my visit, I had the opportunity to:

- Introduce principles of Family medicine among the JMOs
- Sensitize the JMOs on three-stage assessment (clinical diagnosis, individual diagnosis and contextual diagnosis), making a problem list for the patients whom they are encountering, and about red-flags.
- Conduct a session on ECG interpretation for the JMOs.
- Participate in seminar discussions and bedside teaching.
- Take part in Medical ICU rounds, ward rounds, and night rounds.
- Offer consultations for departments such as Obstetrics and Surgery.

This visit also gave me valuable opportunities to upgrade my practical skills, especially in obstetrics, where I could perform Lower Segment Caesarean Sections (I had training during my post graduate period). I also upgraded my POCUS- bedside echocardiography under the guidance of a skilled ECHO technician—a rewarding addition to my clinical learning.

Beyond the professional enrichment, I was deeply moved by the sense of team spirit, commitment, and faith that permeates the work at Makunda. I could truly see God's guiding hand in every patient encounter and clinical situation.

Overall, this visit was a two-way learning experience—the JMOs benefitted from shared discussions and skill sessions, while I, in turn, gained deeper insights into rural healthcare challenges and innovative problem-solving.

I would strongly encourage junior faculty across departments in CMC Vellore to explore such mission postings in North India. These experiences not only contribute to the growth of mission hospitals but also offer us, as faculty, an opportunity to learn, serve, and grow together in the true spirit of CMC's mission.

