



**September 1-7: National Nutrition week observed
on the theme: "Eat Right for a Better Life"**



What are we doing?

Makunda Christian Leprosy and General Hospital is a 211 bedded secondary level hospital run by the Emmanuel Hospital Association (EHA) network, located in a tribal area strategically situated at the junction of three states (Assam, Mizoram and Tripura) with an additional 12 bedded branch hospital at Ambassa in Tripura. The hospital is awarded Entry-level NABH certificate.

We have 24/7 emergency services, HDU, Labour room, NICU and OT services.

We are also rendering our service to the community through weekly Antenatal and Mental Health clinics, monthly General Medical camps and Home based Palliative care.

We are running a two-year Auxiliary Nurse Midwife course and Senior Secondary school - Kg 1 to Class XII (Science & Art streams).

We have Agriculture department which diligently looks after the fishery, piggery, poultry and yields paddy, vegetables, fruits and mushrooms for staff.

Pray for Makunda

1. Need of funding for Infrastructure to build Makunda Blood Bank
2. Government approval to start Makunda Nursing College
3. Need for new class rooms for 11th & 12th standard Makunda Senior Secondary School children
4. HR requirement for Doctors, Nurses and Teachers

The healing touch of God

By Rev. N Roben Singha, Chaplain.

Have you ever experience the touch of God in your life?

As healthcare professionals, the medical team perform (serve) their responsibilities sincerely for the sick people. All serve and deal with pain and different kind of problems in life with care, in spite of their own emotions and limitations. There are times of joy and happiness when patients are doing well and on the other hand, there are time of sadness where there is no hope, both for the team as well as the family. There are times of dryness, feelings of confusion, hopelessness, loneliness, and emotional distress that people go through in life.

Have you had gone through a sleepless night, struggling to calm your mind and find rest? Do you have feelings of uncertainty, anxiety, or a sense of overwhelm that bring challenges in your daily life? If then, how can you handle such situations? Am I putting my hope in the Almighty God and do I trust Him in all situations? Is there any emptiness in my soul to be filled up or in need of care? Despite all these responsibilities, am I being useful? Am I the one who is called for this task? Do you really seek God first for all that you are going through?

Songwriter in Psalm 42 depicts his thirsts for God and pouring out his soul; seeking God's protection while he was going through struggles. He asked his soul to put his hope in God that he will praise God, his Savior and his God. The Psalmist is seeking God earnestly like the deer pants for streams of water, so his soul pants for God. Is our touch worth for the sick one?

During my initial days at Makunda, we had a HDU ward. Many times, I used to have mixed feelings (fear, emotion, pitiful) when seeing healthy babies dying in the ward and the mothers' pain and grief while losing their kids. Sometimes patients (babies) died right after prayer, I was hesitant to pray in such moments. However, I was nearby patients and attendants to console them but I myself find very difficult to bear it. I believed my presence for that moment had value during the crisis and hopelessness of losing the love one. I believe that those happenings were a great learning for God's purpose to serve Him. Sometimes I used to run towards my quarters to see my kids.

The Lord taught me to trust Him from such situations. I learnt that I can get comfort from Him only and I yearned for His guiding hand in my daily life. We have a compassionate God who always wants to live in our inner hearts and in our midst. Ezekiel 36:26 says that God promises to give us a new heart and a new spirit, removing the heart of stone and replacing it with a heart of flesh. He will guide us and transform us through His presence. The moment we believe Jesus Christ is Lord, realizing the need for repentance and confess our inherited sins and all other sins; accept Him as our Lord and Savior truly, believing the teaching of the gospel, we become children of God. We receive a spiritual healing touch from the Lord and our life begins to fight with evil powers and recognizes the evil schemes with the help of God. We come to know and feel that Christ lives in us personally. The spiritual healing touch is very important and it reflects our life's way and it is the centre point of a believer's life.



Apostle Paul received God's spiritual healing touch while he was going to persecute Christians on the way to Damascus (Acts 9:1-19). His life changed spiritually, mentally and physically through obedience and faith in Jesus. The woman with 12 years of bleeding touched Jesus' cloak, believing it would heal her, and Jesus told her that your faith has healed you; go in peace (Mark 5:25-34). Jesus touched a leper, saying, "I will; be clean," and the leprosy was cleansed (Matt. 8:3). We can see the healing touch of God that demonstrates God's power, love and compassion. We also could see from Mark 5:41-42 recorded Jesus' healing touch of a twelve years old girl who have received healing and received a new life miraculously.

Faith and obedience play a great role in walking in the path of righteousness and God's works in believer's life. Believers need to exercise sincere faith. The Lord "who forgives all your sins and heals all your diseases," Psalm 103:3 highlights God's dual role in forgiving our sins and healing our physical and emotional ailments. This verse suggests that God's healing encompasses not just physical ailments but also emotional and spiritual ones. The heart of King David in psalm 51 in his humility and repentance, acknowledges his mistakes. All believers must have a look into King David's life in day-to-day life.

"We treat but God heals" is the motto of many Christian healthcare institutions. We may need to seek and make a checklist in our daily life, "Why I am here in this setting?" Let us ask our faith to increase and our-self to decrease. Let us feel every day the touch of the Creator God. In my opinion medical professionals, serving God in a mission institution should consider their call as an individual or the team as God's agent. In order to be called 'God's agent', the individual or team needs spiritual nurturing in every moment of life. We must adopt a holistic approach to provide more comprehensive care that addresses the physical, emotional and spiritual needs of patients. Let us not doubt our calling. If you have even doubt, ask God for help. He will surely help you. We can remember this verses from Mark 11:24, "Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours." So, everything is based on our intimate relationship with God in what way He answered in our prayers. God bless you all.

"But seek first the kingdom of God and his righteousness, and all these things will be added to you." Matthew 6:33

"The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit, be with you all." 2 Corinthians 13:14



Highlights of September

OPD: 11306

Delivery: 773

Bed occupancy: 76%

Activities:

1st September: 18 students were selected for ANM (two years) course.



8th September: Physiotherapist day observed.



9-19 September: 161 staff attended the mandatory orientation on Child Protection Policy and Prevention of Sexual Harassment at Work Place organised by Internal Complaint Committee.



25th September: Pharmacist day observed.

6th September: Anand tilla family quarters inaugurated.



Warm welcome:

1. Dr. Vijay Kumar Manda, Consultant PMR from Andhra Pradesh.
2. Dr. Namesish Debbarma, Medical Officer (MBBS) from Tripura.
3. Dr. Gaigangpou Growson Pamei Medical Officer (MBBS) from Manipur.
4. Dr. Gairanlung Pamei Medical Officer (MBBS) from Manipur.
5. Ms. Khasrangti Reang, Staff Nurse (GNM) from Tripura.

Farewell:

Thank you for your service:

1. Dr. Bkhakchang Debbarma, Medical Officer
2. Ms. Lalpienglawm, Staff Nurse (GNM)
3. Ms. Joyshree Singha, Health Assistant



Why should I feel discouraged?
Why should the shadows come?
Why should my heart be lonely
And long for heav'n and home,
When Jesus is my portion?
My constant Friend is He:
His eye is on the sparrow,
And I know He watches me.

I sing because I'm happy—
I sing because I'm free—
For His eye is on the sparrow,
And I know He watches me.

(Matthew 10:29-31)



Congratulations:

Mr. Uttam Kumar Das, Project staff, is blessed with a healthy baby boy, birth weight 2.9kgs on 12th September 2025 (1st baby).



Dr. Nitish Vijayanand & Dr. Meenu Anna John, MD (Anaesthesia) from CMC Vellore have donated Video laryngoscope.



Special thanks to Dr. Moloti. He visited us for a week and conducted 33 surgeries.

Visitors:

1. Dr. Bianchi T Sangma, Consultant (Paediatrician) from Baptist Christian Hospital, Tezpur, Assam.
2. Dr. Mahima from CIHSR, Dimapur
3. Dr. Chinchu Anie Philip from CIHSR, Dimapur

Staff Development:

15th September: Mr. Immanuel Manickaraj and Mr. Laldavid Halam attended meeting on energy audit and electrical efficiency at Burrows Memorial Christian Hospital, Alipur.

When a community comes together, miracles happen.

Naikchangti Reang, a 4-year-old girl, was admitted to Makunda Christian Leprosy and General Hospital, Assam on 18th June 2025 with fever and seizures that had lasted for seven days. She had repeated episodes of generalized seizures, with rolling up of eyes and drooling of saliva. She also developed altered consciousness. There was no history of head injury, similar illness in the past, or family history of seizures. Her immunizations were up to date, and her growth and development were normal before this illness.

Immediately, she was shifted to the ICU and put her on life support so she could breathe safely.

Investigations confirmed Japanese Encephalitis (JE). She also had iron deficiency anemia and scabies during the hospital stay.

Despite treatment, she continued to have seizures and remained disoriented. A CT scan of her brain showed features of encephalitis. Later, she developed left-sided weakness (hemiparesis) with reduced muscle tone.

The hospital team worked hard—she received physiotherapy, special nutrition through nasogastric (NG) tube feeding, and even a blood transfusion to treat her anemia. Scabies was treated appropriately.

After 35 days in the hospital, she improved enough to be discharged on 20th June 2025. At discharge, she was stable but still required daily medicines to prevent seizures, NG tube feeding for nutrition, regular physiotherapy to regain her strength, and continued to have weakness on the left side, though she could move her left hand and wrist slightly.

Her parents were carefully taught to feed her through the tube, to help her exercise her weak limbs, and to rush back to the hospital if she got another fever or seizure.

With continuous love, care, and physiotherapy, her parents and the hospital team hope she will keep improving.

70% of her medical bill was covered by charity, and the rest was lovingly provided through crowdfunding by Bru Baptist Church members and the EKAM Foundation. Thanks to this generosity, Naikchangti's journey shows that when a community comes together, miracles happen.



**Parents gave consent for the usage of the patients story.*