



**Happy Doctors' day!**

## Pray for Makunda

1. Need of funding for Infrastructure to build Makunda Blood Bank
2. Government approval to start Makunda Nursing College
3. Need for new class rooms for 11th & 12th standard Makunda Senior Secondary School children
4. HR requirement for Doctors and Nurses

## What are we doing?

Makunda Christian Leprosy and General Hospital is a 211 bedded secondary level hospital run by the Emmanuel Hospital Association (EHA) network, located in a tribal area strategically situated at the junction of three states (Assam, Mizoram and Tripura) with an additional 12 bedded branch hospital at Ambassa in Tripura. The hospital is awarded Entry-level NABH certificate.

We have 24/7 emergency services, HDU, Labour room, NICU and OT services.

We are also rendering our service to the community through weekly Antenatal and Mental Health clinics, monthly General Medical camps and Home based Palliative care.

We are running a two-year Auxiliary Nurse Midwife course and Senior Secondary school - Kg 1 to Class XII (Science & Art streams).

We have Agriculture department which diligently looks after the fishery, piggery, poultry and yields paddy, vegetables, fruits and mushrooms for staff.

# The ~~Same Old~~ day Or a New Beginning?

By Mr. Dani Paul

Principal, Makunda Christian Senior Secondary School.



Without the heart to awaken,  
We rise only to the glow of a phone screen—  
Rushing through the morning,  
With no time even for a proper meal.  
This has become life for many.

Though birds sing their cheerful tunes into our ears,  
We forget to listen.  
Though squirrels leap with playful grace,  
Their joy no longer reaches our hearts.

With no real spark within,  
We keep running—  
Chasing the same old day,  
Wrapped in the disguise of a new one.

In this new day, we forget to smile.  
Lost in the roar of traffic,  
We forget even ourselves.

The same work, the same place,  
The same faces, the same old struggles—  
And slowly, in many silent ways,  
We begin to fade.

But Psalm 118:24 reminds us:  
**"This is the day that the Lord has made;  
we will rejoice and be glad in it."**

Yes, today may *feel* like the same old day.  
But we have reasons to rejoice—because God made this day.  
And He invites me to rejoice and be glad in it.

**Lamentations 3:22–23 (ESV):**

*"The steadfast love of the Lord never ceases; His mercies never come to an end; they are new every morning; great is Your faithfulness."*

That truth brings a fresh joy to my heart—  
Because today, God is going to shower His **new mercies** on me.

**Today is an opportunity**

To take one more step closer to God.  
A chance to respond to His voice with a soft and willing heart.  
When we make the effort to move even one step toward Him,  
He renews our strength  
And helps us face the day with courage.

**Today is also an opportunity to be a blessing.**

Regardless of the kind of work we do,  
We must remember—God has called us to bless others.  
This new day gives me a chance to comfort someone who is in need.

**My presence can be someone's peace.**

**Matthew 5:16 (ESV):**

*"Let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven."*

This day gives me a new opportunity  
To **glorify my Father in heaven.**

The work I do,  
The words I speak,  
The smiles I offer—  
Can all bring Him glory.

Of course, every new day comes with new challenges.  
But when I look for the opportunity to glorify God in this day,  
**God will help me complete it—with joy and meaningful memories.**

**Psalm 37:4–5 (ESV):**

*"Delight yourself in the Lord, and He will give you the desires of your heart. Commit your way to the Lord; trust in Him, and He will act."*

When I delight in the Lord,  
**My new day will never be just the same old day.**





## Highlights of July

**OPD: 11912**

**Delivery: 543**

**Bed occupancy: 68%**

## Publications:

1. Mr. Rejoice Gassah et al; Homogenizing Design Thinking Process with Avitourism: Solving Industry Problems using Traditional Knowledge System: APIJHT Vol. 14 No. 1 2025 pp. 23-46 e-ISSN 2710-6519: Centre for Research and Innovation in Tourism.
2. Dr. Esther Thejo Rajitha P, Dr. Roshine Mary Koshy, Ms. Rachel Belda Raj, et.al Cohort Profile: Hodal and Lowairpoa Demographic Surveillance Systems, International Journal of Epidemiology, Volume 54, Issue 4, August 2025, dyaf099, <https://doi.org/10.1093/ije/dyaf099>

## Congratulations:

1. Ms. Lalneingak Chorei, Nurse Midwife delivered (NVD) a healthy baby girl, birth weight 2.8kg on 3<sup>rd</sup> July 2025 (3<sup>rd</sup> baby).
2. Ms. Miranda Suting, Physician assistant delivered (LSCS) a baby boy, birth weight 3.09kg on 4<sup>th</sup> July 2025 (1<sup>st</sup> baby).
3. Mr. Jamal Uddin, General worker (Department of Agriculture & fisheries) is blessed with a healthy baby boy, birth weight 2.3kg on 25<sup>th</sup> July 2025 (3<sup>rd</sup> baby).



29<sup>th</sup> July 2025: ANM students observed ORS day on the theme:  
"ORS: A Simple Solution for a Healthier Future".

**Special thanks to Dr. Arpit Mathew, Surgeon from Madhepura Christian Hospital for conducting surgery camp; 46 patients benefitted.**





1st July: Diploma in Health Assistant course (one year) restarted with 14 students



## Visitors:

Dr. Vinoi George, Nephrologist from CMC Vellore and Dr. David Mano, Paediatrician from Bissamcuttack with Dr. Samuel Sunder Singh



7-12 July 2025: Makunda team attended the Regional Governing Board meeting at Uttarakhand.



Dr. Laurens and Dr. Joris from Netherlands came to help us for six months.



31<sup>st</sup> July: CPR training for new security staff



(L-R)

- Dr. Meenu Anna John & Dr. Nitish Vijayanand, Anaesthetists from CMC Vellore
- Dr. Sam Curutchet from Netherlands
- Dr. David Mano, Paediatrician from Bissamcuttack



**Mrs. Asha's home**



**100 days of hospitalization**



## A Journey of Survival

When 26-year-old, Mrs. Asha\*, a poor lady from a tribal village of North Tripura became pregnant with her first child, she looked forward to a joyful experience of motherhood. However, just a few months into her pregnancy, everything began to unravel. What seemed like ordinary morning sickness soon escalated into constant vomiting, chest pain, extreme weakness, and confusion. She could no longer eat food, walk, or even recognize her surroundings.

On 7th February 2025, she was rushed to Makunda Hospital in a critical state. Her blood pressure was unrecordable, and she was severely dehydrated and disoriented. The team quickly diagnosed a rare but dangerous condition: Wernicke's encephalopathy with wet and dry Beri-Beri—a result of severe thiamine deficiency caused by persistent hyperemesis gravidarum, a life-threatening form of pregnancy-related vomiting.

Asha presented with classic signs of neurological damage: ophthalmoplegia (paralysis of eye muscles), nystagmus (involuntary eye movements), ataxia (loss of coordination), and severe lower limb weakness. Although advanced investigations like MRI and autoimmune testing were recommended, the family couldn't afford them. Still, the care team pressed on with faith and determination.

She was started on high-dose thiamine, multivitamins, nutritional support, and intensive monitoring. Yet, her condition worsened. She developed respiratory failure, likely due to phrenic nerve paralysis, and had to be intubated and undergo a tracheostomy.

Asha battled and survived hospital-acquired pneumonia twice. Her family remained by her side, and the hospital staff became her extended family—praying, supporting, and caring with unwavering compassion.

On 15th May 2025, the team celebrated 100 days of hospitalization. By then, Asha had improved significantly—off the ventilator, mentally alert, and able to sit up with support.

On 21st June 2025, Asha gave birth to a healthy baby boy through a normal vaginal delivery with episiotomy.

After nearly five months in the hospital, she was discharged in stable condition on 30th June 2025. Her discharge was supported by 35% charity assistance, and temporary accommodation was arranged near the hospital to facilitate follow-up care with ongoing physiotherapy and nutritional care. Her husband now works as hospital security, helping support the family.

\* name changed

\*consent taken