H EALTHCARE E DUCATION FOR R URAL

**V**ILLAGES

# **A** dopted

"The future of India lies in its villages"

By Mahatma Gandhi.





Reg No. :- E/20711

# 2019-20 ANNUAL REPORT



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www.hervafoundation.org https://www.facebook.com/hervafoundation



# **AIM & OBJECTIVES**

# **ABOUT US**

# TRUSTEES

# MAIN VOLUNTEERS

# ABOUT OUR VILLAGES

# PROJECTS

# FEEDBACK FROM

VILLAGERS, DONORS

HERVA FOUNDATION TRUST WAS FORMED ON 26TH MAY 2014 WAS REGISTERED BY CHARITY COMMISIONER ON 22nd AUGUST 2014

# **OUR AIM & OBLECTIVES**

To adopt rural and remote villages which lack necessary infrastructure and other much-required amenities like healthcare facilities, education, proper sanitation and clean drinking water. We also aim to provide livelihood programs and promote healthy living.

#### **OUR VISION**

Credibility, Transparency and Accountability to the people of village with honesty and trust.

#### **OUR MISSION:**

Healthy, educated and self-reliant village.

#### WHAT WE HAVE BEING DOING

#### ADOPTION OF VILLAGES

We have ten villages adopted in Gujarat

#### **HEALTH CARE**

Diagnostic health check up & free medicine distribution camp.

**EYE CAMPS** with free distribution of eye drops & spectacles. Facilitating free cataract operation.

**ENT CAMPS** With check up of hearing & distribution of hearing aid machines at reasonable rate.

#### **DENTAL CAMPS**

#### Diabetic check up & awareness camp

#### **EDUCATION:- AWARENESS CAMPS**

**WOMEN HEALTH AWARENESS CAMPS**. Educate the villagers on prevention of sickness and on cleanliness. Promotion of menstrual hygiene by educating women in the village on using hygiene products like sanitary napkins.

We provide free sanitary napkins and iron tablets to the village women.

#### **ADOLESCENCE PROGRAM**

As a part of our awareness we have started new sports activities at Villages Ghoda and Jalampura District Viramgam. The Idea behind this is to develop skills of student and prevent them from cultivating unhealthy habits and with a view to divert the minds of the adolescents from unhealthy and unproductive activities & creating aspiration to do good in life.

#### **ECONOMIC-LIVELIHOOD**

#### TO CREATE OPPORTUNITIES IN THE VILLAGES FOR THE YOUTH & WOMEN:

Encouragement is given to the farmers as well as women to have small business activities to supplement their income. This will reduce the village youths from migrating to and nearby towns for higher education and employment.

#### SWATCHTA ABHYAN

Free distribution of dustbins, brooms , bamboo brooms, garbage bags to Gram Panchayats to keep village clean.

A small contribute, towards the development of our villages.

# TRUSTEES

	NAME	Contact		
	Subramaniam R. Puthucode	Ph no: 9662021744		
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	Dr. Pragnesh M Vachhrajani	Ph no: 9825086839	6	
2	Doctor	Email:pragneshmv@gmail.com		
	Devendra K Patel	Ph:9898004098		
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	Mrs. NEELA DAVE	Ph;9725641231		
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5	Business	devidas_g@hotmail.com		
	KUNAL MEHTA	Ph:8866753753	Ó	
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### **CEO of HERVA**



**VINOD THAKKER** 

### VOLUNTEERS



# **Our Aim Vision & Mission**



### **IDENTIFICATION OF VILLAGE**

Taluka

: Mandal

: Detroj

: Kheda

: Kheda

: Kheda

: Kheda

: Dasada

Village ASJOL ZANZARVA **RUDATAL** GHODA JALANPURA RASIKPURA RUDHA **KALOLI** VARSANG **HEBATPUR** 

- District
- : Mehesana : Ahmedabad
- : Ahmedabad
- : Ahmedabad
- : Ahmedabad
- : Kheda
- : Kheda
- : Kheda
- : Kheda
- : Surrendranagar





Reg No. :- E/20711





RUDATAL VILLAGE SCHOOL



JALAMPURA VILLAGE



ZANZARVA VILLAG SCHOOL



ASJOL VILLAGE SCHOOL

01 516-201

GHODA VILLAGE SCHOOL

HEBATPUR VILLAGE

**HERVA FOUNDATION TRUST** WAS FORMED ON 26TH MAY 2014 WAS REGISTERED BY CHARITY COMMISIONER ON 22nd AUGUST 2014

DATE	VILLAGE	<u>PROJECTS</u>
20 June	Nani Kaloli district kheda	EYE CHECK UP. Total 140 villager attended camp out of this 72 male and 68 females. 26 senior citizens also benefited, of who 10 males and 16 female. Free consultation as well as medicines & spectacles were provided. Twelve diagnosed having cataract. Arrangement for free cataract operation has been made.
28 June	Rudatal dist. Detroj jilla	FREE EYE CHECK-UP CAMP Total registration 211. 96 males and 115 females. & senior citizens 79 of which 32 male & 47 females.18 patients diagnosed having cataract. Arrangements for free cataract operation were made at the nearest hospital, Free consultation as well as medicine 167 spectacles was provided.
14 July	Asjol dist. Becharaji jilla	DIAGNOSTIC HEALTH CHECK UP & FREE MEDICINE DISTRIBUTION CAMP Total registration of only 70 villagers. This includes 34 males and 36 females. With senior citizen 21(12 male & 9female.) Free consultation and medicine were provided.
31 July	village Zanjarva	Our First TREE PLANTATION PROJECT ". for tree planting at the village High school, a pilot project. Variety of plants were collected from the govt. nursery in Sitapure village some ten kms away near Bhucharaji. We could collect only 75 plants as we had a small car. The school teachers & students of eight, ninth and tenth participated. The weather was also conducive for the occasion
22 Sept	village Ghoda	FREE HEALTH CHECK-UP AND FREE MEDICINE DISTRIBUTION camp in association with Global Hospital, Thalej, Ahmedabad on –Sunday. Total 105 villagers attended for check-upof which 49 males and 56 femalesout of which 34 senior citizens (12 males and 21 females). 30 ECGs done (Male 20 & Female) 5 have been critical needed further treatment which would be given at Global Hospital.
15 OCT	JALAMPUR VILLAGE	- FREE EYE CHECK-UP AND SPECTACLES DISTRIBUTION camp. The Total population of village is 1600 out this 112 villagers attended the eye check-up camp of which male45 & female 67 that includes 39 senior citizens (male 14. female 25) 6 of them having cataract. The venue was the Anganwadi building
	VILLAGE HEBATPUR	EYE CAMP AND SPECTACLES DISTRIBUTION The total population of village is 1800 out this 166 village people attended for eye check-up of which 77 male and 89 female that includes 58 senior citizens (28 male and 30 female) 10 of them had cataract
19 OCT	Village of Mahapura VADODARA	Further to our signing the MOU with Minds Foundation -Vadodara 19- 10-19 we had been to Vadodara to Minds Foundation office and to attend their program <b>"COMMUNITY AWARENESS PROGRAM " AT</b> <b>VILLAGE MAHAPURA</b> , Taluka and Dist Vadodara . The program was in the small village of Mahapura few kms away from Vadodara in the evening after sun set, in the entrance of the village Temple A short film in Gujarati relating to mental illness and treatment, was shown and later Mr Amul of Minds Foundation explained their purpose of showing the film and asked them to inform other villagers about this program.

DATE	VILLAGE	PROJECTS			
30-DEC	VILLAGE JALAMPURA	<b>DIAGNOSTIC HEALTH CHECK-UP AND FREE DISTRIBUTION OF</b> <b>MEDICINES CAMP</b> ATTENDED .total 80 villagers of which 25 male and 55 femaleout this 20 senior citizens of which 5 male & 15 female. Attendance was less due to two sudden deaths in village			
7-JAN 2020	VILLAGE KALOLI	OUR <b>FIRST MENTAL HEALTH AWARENESS CAMP</b> New year with new activity, -a new programto create awareness on mental illness After a yearlong effort at last this project has taken shape. This program a joint venture with Minds Foundation (Vadodara) A short film "Tarang" in Gujarati on this subject was shown. Total 52 villagers (26 males and 26 female) along with 100 school students and 4 teachers attended.			
12-JAN 2020	HITCON 2020 AHMEDABAD	AT HITCON 2020 A PROGRAM BY THE DOCTORS.WITH HERVA FOUNDATION AS THE RURAL HEALTH PARTNER. Many doctors who were a delegate at the conference expressed their wish to join us in our health camps at the villages. We specially thank Management Medicos the organisers of the meet, for their constant support & encouragement it has been giving us to reach out our objectives.			
21-JAN 2020	village Rudatal	<b>DIAGNOSTIC HEALTH CHECK-UP AND FREE DISTRIBUTION OF</b> <b>MEDICINES CAMP</b> at Gram panchayat office. Total 106 villagers attended camp out of which 51 male and 55 female out which 48 senior citizens (male 25 and 23 female) took advantage of the camp. Free medicine was distributed to them.			
26- JAN 2020	VILLAGE GHODA	SWEATER DISTRIBUTION TO STUDENTS OF GHODA VILLAGE SCHOOL ON REPUBLIC DAY 2020. We have distributed 378 sweaters to students of std 1 to 8 of primary school of Ghoda Village.			
15 FEB	Village HEBATPUR	MENTAL HEALTH AWARENESS PROGRAM to create awareness on mental illness, with the association of Minds Foundation, Vadodara. Total 30 villagers attended (17 females and 13 males) of which 14 senior citizens (7 female & 7 male) plus 45 students of school of std 7 and 8 also participated. A video on mental health screened. During counselling we identify 5 patients who has mental health issues WOMEN HEALTH AWATENESS PROGRAM also held in the village school. Total 84 female participated including 26 students of std 7 and 8 std. of primary school. We screened comic video of Menstrupedia-" Hello Periods", after which interactive session took place, wherein apart other things, the disposal of the used pads were discussed. We have distributed 92 sanitary pads free of cost to the participants. We have also donated two comic books on menstrual management –"Hello periods" to school library			
25-FEB	Village VARSANG	<b>EYE CAMP &amp; DISTRIBUTION OF SPECTACLES</b> free Eye check-up and spectacles distribution camp at village at panchayat office. Total population of village is 2100 out of this 130 villagers attended the eye check-up camp of which 45 male and 85 female that includes 33 senior citizens (12 male and 21 female). 7 of them has cataract advice for surgery.			
MARCH		FIRST WEEK -HOLI SECOND WEEK COULD NOT HAVE PROGRAMES DUE TO GOVERNMENT NOTIFICATION REGARDING CORONA VIRUS.			

### **CELEBRATING FIVE YEARS COMPLETION**











بالعالية بالعالم

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OUR FIRST EYE CAMP AT VILLAGE ASJOL 12th OCT 2014 LAST EYE CAMP AT VILLAGE VARSANG 25<sup>TH</sup> FEB 2020

UNDATION

#### EYE CHECK UP. NANI KALOLI DISTRICT KHEDA 20th June 2019



#### FREE EYE CHECK-UP CAMP RUDATAL DIST. DETROJ JILLA 28th June 2020



DIAGNOSTIC HEALTH CHECK UP & FREE MEDICINE DISTRIBUTION CAMP ASJOL DIST. BECHARAJI JILLA 14 July



**TREE PLANTATION PROJECT** village Zanjarva 31st-July First **TREE PLANTATION PROJECT** " for tree planting at the village High school, a pilot project



















**FREE HEALTH CHECK-UP AND FREE MEDICINE DISTRIBUTION camp** in association with Global Hospital, Thalej, Ahmedabad **AT VILLAGE GHODA on 22-sept 2019** 



#### FREE EYE CHECK-UP AND SPECTACLES DISTRIBUTION camp. JALAMPUR VILLAGE on 15-OCT

















#### **EYE CAMP VILLAGE HABATPUR ON 19-11-19**



#### HEALTH CAMP AT JALAMPURA 30<sup>TH</sup> DEC 2019











2019-12-00-1468









OUR FIRST MENTAL HEALTH AWARENESS CAMP VILLAGE KALOLI ON THE 7<sup>th</sup> Jan 2020



















AT HITCON 2020 SEMINAR WITH HERVA FOUNDATION AS THE RURAL HEALTH PARTNER













### HEALTH CHECK-UP CAMP at village RUDATAL on 21.JAN 20



#### SWEATER DISTRIBUTION TO STUDENTS OF GHODA VILLAGE 26th Jan 2020



#### MENTAL HEALTH AWARENESS PROGRAM HEBATPUR 15 FEB 2020



On Same day as part of Women's Health & Hygiene, awareness program was done and after that free distribution of sanitary pads in Village.







EYE CAMP & DISTRIBUTION OF SPECTACLES VARSANG 25TH FEB 2020



### HEALTHCARE EDUCATION FOR RURAL VILLAGES ADOPTED EYE CAMP & PROVIDING SPECTACLE AT VILLAGE HEBATPUR













### **OTHER ACTIVITES**

PROVIDED EDUCATIONAL SCHOLARSHIP FOR TWO STUDENTS OF GHODA SCHOOL THE COLLOBORATION OF LIONS CLUB –AHMEDABAD MAIN





GAVE TWO COMPUTERS TO HEBATPUR VILLAGE SCHOOL – DONATED BY Dr. O.P. Pahuja







### **IN THE FIGHT AGAINST COVID19**



**UPDATE FROM OUR VILLAGE GHODA** in Viramgam district of Gujarat. Free distribution of hand sanitisers & masks by Sarpanch Mrs Jashiben herself to senior women of her village Ghoda as a preventive measure against corona virus. There has been total lockdown in the village.

#### FROM RASIKPURA (KHEDA DIST)

The young and active sarpanch of the village prepares zinger kadha (ukalo) an Ayurvedic preparation to increase immunity, which he distributed to the villagers and strictly enforces social distancing amongst the villagers. The fight against the invisible enemy has united everyone and brings out the best from our social fabric.



The villages were equally following the cities though they are less exposed to outside world and have very few people visiting these far of villages. The villagers had kept their small shops closed and were at home









### SANITISATION :-AT HEBATPUR VILLAGE

Sanitisation work by Sarpanch at Hebatpur village. The sanitising facility reduces the potency of the virus to a great extent.

As health workers, researchers and governments struggle to contain the spread of the pandemic, in the villages the village sarpanch are playing a vital role in safeguarding their villages.

#### FEEDBACKS FROM VILLAGES WATCH OUR YOUTUBE VEDIOS

https://www.youtube.com/feed/my\_videos?disable\_polymer=true Feedback Kaloli surpance Mental health awareness



### https://youtu.be/xej8FfghtFg?t=9 FEEDBACK OF MEDICAL CAMP



https://www.youtube.com/watch?v=yDGi4SbvSTk

# ACHIVEMENT

We are glad to inform you that this year also GuideStar India, which is India's largest and most reliable online information repository with 10000+ NGOs, has awarded us the prestigious GuideStarIndia Transparency Key award for 2020 and have joined India's largest pool of credible NGOs after undergoing a rigorous due diligence process. GuideStar India's Transparency Key is the Foundation Level certification indicating that the organisation has filed annual income tax returns as a tax-exempt has shared the domain. entity and same in the public To view our profile at GuideStar India.

please visit: https://guidestarindia.org/Summary.aspx?CCReg=8420 .



This year, as you know due to Covid-19 & lockdown we had to curtail our activities from the month of March itself. Due to Government restrictions we have deferred our commencement of activates to September. However, we are in touch with the village sarpanch and advising them over phone on various health care & safety issues specially pertaining to covid-19. The villagers are taking precautions by wearing masks and using sanitisers.

We have so far not been able to have any activities in the village to avoid crowding and also due to the schools not open. We are planning to provide villagers with a bag containing sanitisers, masks, sanitary pads, towel and soaps. We would be happy to have your suggestions and your participation.

We had distributed sweaters to the students of Ghoda village last winter. This winter we plan to distribute sweaters to school students of all other villages. We will need your help in this project.

We value your continuous patronage and solicit your support

# **MEDIA COVERAGE**

Our sweater distribution project published in magazine call Shikshak Srushti by Ahmedabad Jilla Prathmik Shikshak Sangh in March 2020 edition.

સ્વેચ્છિક સંસ્થા હારા બાળકોને સ્વેટર વિતરણ, વિરમગામ



#### YOU CAN SUPPORT US BY SPONSORING ANY OF THE FOLLOWING

PARTICULARS	Rs. Per unit	UNIT	AMOUNT Rs.
1 village girl for sanitary pad for 12 months	30	12	360
10 village students for shoes & socks	165	10	1650
10 villagers for providing spectacles	55	10	550
10 villagers for providing medicines	40	10	400
10 village junior students for sweaters	220	10	2200

We also welcome general donations. DONATIONS ARE ELIGIBLE FOR 50% TAX DEDUCTIONS UNDER 80G via Certificate no: AABTH3010Q/110/15-16/T-0299/80G(5)/DATED 24-7-2015.

DONATIONS CAN BE MADE BY CHEQUE FAVOURING "HERVA FOUNDATION", OR ONLINE OR THROUGH OUR WEBSITE PAGE "DONATE NOW PAGE "

#### **OUR BANK PARTICULARS.**

- 1) BANK NAME: INDIAN OVERSEAS BANK, BRANCH: Bodakdev Ahmedabad Account Number: 184101000002366. IFSC: IOBA0001841
- 2) BANK NAME: KOTAK MAHINDRA BANK ACCOUNT NO: 3712025200, IFSC : KKBK0002581

# ACKNOWLEGDEMENTS

# We are thankful to :

- 1. All our Donors for their kind support and noble donations..
- 2. Ahmedabad Medical Association for proving medicines and instruments
- **3. Management Medico for making us Rural Health Partner in HITCON meet.**
- 4. Riti Investment and consultancy for providing office space.
- 5. Lions Club of Ahmedabad Main and Mind foundation Vadodara

for several joint projects

- 6. Team of Doctors for valuable support and time
- 7. Team of volunteers for valuable service
- 8. All suppliers and service providers for timely support
- 9. All the Sarpanchs of all villages for their efforts to make projects grand success
- 10. Principals and staff members of all village schools of for

providing infrastructure and support

