

HERVA FOUNDATION

HEALTHCARE
EDUCATION FOR
RURAL
VILLAGES
ADOPTED



REG.NO;E/20711-AHMEDABAD

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PERFORMANCE IN THE TWO YEARS OF INCEPTION OF HERVA FOUNDATION

**HERVA FOUNDATION TRUST WAS FORMED ON 26TH MAY 2014
WAS REGISTERED BY CHARITY COMMISSIONER ON 22nd AUGUST 2014**

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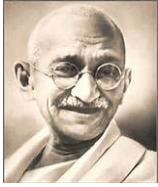
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H EALTHCARE
E DUCATION FOR
R URAL
V ILLAGES
A DOPED



**HERVA FOUNDATION
AHMEDABAD**



"The future of India lies in its villages"— Mahatma Gandhi

Out of India's over one billion population about 75% live in villages. Hence the real progress of India is the development of villages. We aim to take a small step in this direction.

We are a registered NGO aiming to adopt villages and provide for total Healthcare. We make treatment of all ailments available and educate them regarding prevention of diseases by the use of modern technology.

HERVA is the short form of **H**ealthcare **E**ducation for **R**ural **V**illage **A**dopted.

OUR AIM

Our aim is to adopt rural villages which are lacking in basic infrastructure and other necessary amenities like healthcare facilities, education, proper sanitation and good drinking water. We aim to provide all that the village is wanting as far as healthy living is concerned.

OUR OBJECTIVE

To adopt villages and provide

1. healthcare, treatment and also educate villagers on prevention of diseases
2. Create awareness through the use of technology mainly telemedicine, internet technology and use of modern gadgets.
3. make the village self-sufficient and economically sustaining.

1) HEALTH CARE

- To reach medical help to the needy at their doorstep by mobile vans fully that are equipped for medical care, diagnosis and treatment
- to provide wide range of preventive and curative health services at cost-effective health delivery system for rural and remote areas, by the use of modern technology and use of TELE-MEDICINE.

2) AWARENESS

Educate the villagers on prevention of sickness and on cleanliness in and around their house and the village. Education on health can help prevent diseases and health hazards. The majority of rural deaths, are preventable by creating proper awareness. By informing them about the strong connection between hygiene and health, and educate them on best practices to adopt using hygiene products like sanitary napkins, a lot of hygiene and health related problems among the women population. may be reduced



SELF SUFFICIENT

The village youths are migrating to the cities and nearby towns for higher education and jobs. Those left behind are the elderly population depending mainly on farming. We need to create opportunities in the villages for the youth to slow down the migration to cities. Most of the villagers depend on farming as their main source of income. Failure of rain makes the farmer financially crippled. Encouragement is given to the farmers to have small business activities to supplement their income. This is another reason for our thrust on women empowerment.

On a permanent basis, we are seeking collaboration with reputed hospital interested in providing fully equipped van with medical and para-medical staffs to provide health care services to villagers at their doorstep. Apart from shortage of doctors, unwillingness to work in rural areas is a major obstacle. The solution is **TELE-MEDICINE**. Herva Foundation is working on tele-medicine to provide quality healthcare. Telemedicine system has data transfer facility along with audiovisual-enabled remote medical diagnostic device on a computer or cell-phone from Medisoft Telemedicine Pvt .Ltd.

AWARENESS PROJECT -ADOLESCENT

There is great need for more educative programmes for boys, and on adolescents' health. Availability of proper guidance and counselling services could lead to a decline in the rate of juvenile delinquency and crime. While separate programmes are designed for girls and boys, it is necessary to educate boys on responsible sexuality and respect for the opposite sex.

UNDER SWACHH BHARAT ABYAN

Under the Swachh Bharat Mission launched by our Prime Minister, Herva Foundation has entered into MOU with ATIRA for BUILDING TEXTILE REINFORCED CONCRETE MODULAR TOILET. ATIRA to provide technical assistance for building textile reinforced; concrete modular toilets in the villages. ATIRA is an autonomous, non-profit Research Institute, linked to Ministry of Textiles, Government of India, for textile and allied research. It is the largest of its kind in India as Co-Operative Research Organization and has developed the Technology/Process of making Modular Toilets. With the assistance provided by ATIRA, we can build toilets in all the rural and needy villages.



The needs of the remote villages are many and the needs can be fulfilled by organisations focusing on social responsibility. You are welcome to be a part of any of the activities and Herva Foundation.

ACTIVITIES UNDERTAKEN

FROM AUGUST 2014 TO AUGUST 2016

1. VILLAGE ASJOL

Among the twelve villages in the Mehsana district, Asjol village has been identified as the first village, for adoption in–Mehsana district. Asjol is a village in Becharaji taluka and Mehsana district. It is about 25 KM from Mehsana and 15 KM from taluka Becharaji. There are about 4500 people living in Asjol with 1200 houses. This village has been introduced to by Vikram Desai, a businessman who is native of this village.



ACTIVITIES AT VILLAGE ASJOL

- **EYE CAMP** at village Asjol was a grand success. Spectacles were distributed and arrangements for cataract operation for about 18 persons were made in Becharaji civil hospital. We had around 400 villagers who had come for eye check-up and about 333 villagers were given spectacles (out of which 53 were given both long and short distance). Rs.20 collected from each villager for spectacles and remaining was borne by the Trust. Most satisfying is the village women and senior citizens benefited from the eye camp. They expressed their happiness on being able to see clearly after wearing the spectacles, as they did not know how bad their sight was.



- Under the **SWACHH BHARAT MISSION**, Herva Foundation has initiated the work of providing Toilets for the weaker section and handicapped persons in the village under the Government scheme. Around 60 toilets, have been constructed especially for the most needy. We have motivated the youth of the village to participate in the construction of the village toilets.



• DIAGNOSTIC HEALTH CHECK UP & FREE MEDICINE DISTRIBUTION CAMP



A multi-diagnostic health check up & free medicine distribution camp for women and children of the village, was held jointly with Gujarat State Medical physician Forum focusing on women and children in the village. About 225 villagers took advantage of the camp. The village youth gave us excellent support.

2. VILLAGE ZANZARVA

ZANZARVA is a small village in Mandal Taluka and 8 km from Becharaji. This is a small village with a population of around 1500 villagers. This is the 2nd village that we have adopted. This village has been introduced to us by Ashok Patel, having his ancestral house in the village. His elderly Uncle has been very encouraging to us.



• EYE CAMP



The first project at village Zanzarva was an eye camp with free distribution of spectacles.

Mainly women and senior citizens took advantage of the eye-camp. We distributed 304 spectacles, identified nine cataract patients and found a young boy almost blind.

• MULTI-DIAGNOSTIC HEALTH CHECK UP & FREE MEDICINE DISTRIBUTION CAMP



Multi-diagnostic health check up and free medicine distribution camp was at Zanzarva village, in the campus of the local high school. 156 patients were screened by Dr. Prakash Vaishnav and Dr. Sudha Parikh. 67 women, 64 old men and 25 children were given free medicines. Most of the patients were suffering from arthritis, eye problems, fever, acidity and skin problems. The Sarpanch of the village also remained present on this occasion.

FIRST INTERACTION OF THE WOMENS' GROUP

While the medical camp was on, the women's wing of Herva Foundation lead by Trustee Smt Neelaben Dave, took time off to meet and interact with the women of the village of Zanzarva. The women of the village gathered to hear the various programs that have been planned for them, such as preparing ready to eat foodstuff, embroidery works, tailoring and such women empowerment schemes. The village women discussed their difficulties and wanted some time to think and and discuss with other members. Discussion on health related education, cleanliness and neatness was also discussed.



3. VILLAGE RUDATAL

This is the third village taken up in that area. Rudatal is a village in Detroj Rampura Taluka in Ahmedabad District of Gujarat. It is located 74 KM towards west from District headquarters Ahmedabad, 10 KM from Detroj and 63 KM from State capital Gandhinagar.



- **MULTI-DIAGNOSTIC HEALTH CHECK UP & FREE MEDICINE DISTRIBUTION CAMP**



This camp was jointly with Rotary club of Ahmedabad North. There were more than 300 villagers who turned up for the camp and were given medicine free of cost were given by the club. Most of cases were pediatric, and ladies who were attended by our own Dr.Prakash Vaishnav. Two senior doctors, Dr. Nayak and Dr. Barrot from Kalol had participated in this camp. Dr. Sukan Mankand, a homeopath, helped men

and women both for skin, orthopaedic complains. An audiologist checked approx 20 patients for hearing problem, of which ten had moderate to severe hearing problem.

- **WOMEN HEALTH AWARENESS** program for women in village was a first of this kind, with an aim to



educate women on various health problems faced by women specially related to menstrual management. Free sanitary pads were distributed to women participating. The educator is our experience Dr Prakash Vaishnav and the coordinator of the project is Mrs Neela Dave with her ladies group. Such projects will be carried out in other villages also.

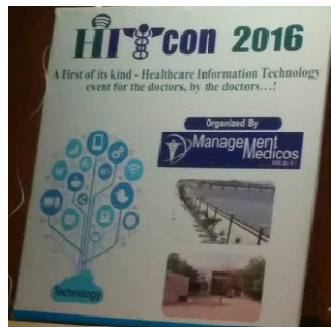
- **FREE EYE CHECK-UP CAMP** at the village had more than 200 registrations. From school Kids to senior citizens took the benefit of the camp. The ladies and senior citizens were benefited most as they normally do not go out of the village. The happiness and the expression of joy in their faces were worth the time spent. We distributed 154 spectacles.



You can view photos at <https://www.facebook.com/hervafoundation> and in the website- www.hervafoundation.org at gallery.

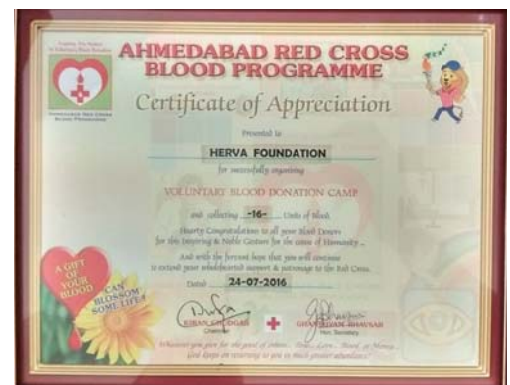
OTHER ACTIVITIES.

HITCON 2016— A first of its kind **HEALTHCARE INFORMATION TECHNOLOGY** event was organized by Management Medicos at the Ahmedabad Management Association. HERVA FOUNDATION was their Rural Health Partner and had displayed a stall along with other sponsors. Brochures were distributed and the stall attracted major attraction. HERVA also got very good response from the medical fraternity who had gathered for the event and many doctors volunteered to participate in the health camps and also assist in conducting awareness programs along with us.



BLOOD DONATION CAMPS with RED CROSS to provide blood for rural villages - 25-4-2016

Blood donation camps with THE INDIAN RED CROSS to provide blood for rural villages. We intend to have such camps in Becharaji and Mehsana also. The camp was held in residence flats and there were many people willing to donate blood for the first time. However many, especially ladies, failed to meet the minimum health requirement standard to donate blood and had to be dissuaded. There were however many first timers.



PROJECTS IN THE PIPELINE

SHALBY HOSPITAL in Ahmedabad has offered their mobile medical van called "Heart Express" to visit villages. With this medical camps at the villages will become easier.



Medical Facility included: 1. RBS (Random Blood Glucose), 2. Blood Pressure Check up, 3. Doctor Consultation, 4. ECG

The joint medical camps will start from September 2016.

TRUSTEES AND MANAGEMENT

TRUSTEES

1) P.R.SUBRAMANIAM is the MAIN TRUSTEE



Born and brought up in Ahmedabad, he is an ex-banker. He is a consultant in banking and international trade. He was actively involved in Rotary and is a recipient of FIVE AVENUE AWARD from ROTARY INTERNATIONAL. He has conducted many health care programmes for senior citizens and child-care. He is a member of Shri Ram Chandra Mission, which is imparting spiritual training in meditation.

2) Dr. PRAGNESH M. VACHHARAJANI, having excellent managerial skills- is the head of MANAGEMENT



MEDICOS- a group five young dynamic tech savvy family physicians based in Ahmedabad, having wide experience in medical field and management. He is a Practising Clinician since last 15 years. Advisor to health portals, First Aid trainer, Experience in hosting many state and local conferences, Expert in Medical I.T. and on line consulting. Having a passion for telemedicine.

3) DEVENDRA PATEL (B.E- Electronics & Communications) is the Founder and Director of Medisoft



Telemedicine Pvt. Ltd. He currently heads the India operations of Medisoft. He possesses over 15 years of leadership experience in the field of telecommunications and telemedicine. He possesses deep understanding of Telemedicine and has conducted research in the field of telemedicine and public health. His ideas and articles have been published in several periodicals & also is co-author of books "Telemedicine – An Introduction".

4) Mrs NEELA DAVE.- a Social worker associated with various NGOs and she is – Providing voluntary



services as a coordinator in an NGO 'Prabhat Education' from last six years for upbringing of differently abled children. Providing Voluntary services in an NGO 'Sanjivani Health and Relief Committee' as a back office coordinator and field visits. Member of Ethics Committee of Anubhav Independent Ethics Committee.

5) DEVIDAS BHANUSHALI, a successful businessman.



Member and past president of ROTARY CLUB OF AHMEDABAD NORTH, is a winner of various awards in Rotary. He has very good experience in conducting medical and social activities for the poor and disabled.

6) KUNAL MEHTA - Financial consultant –



RITI INVESTMENT & CONSULTANCY. He is the also treasurer of the Trust and has been actively involved in the formation of the organisation and in fund raising.

7) Dr. PRAKASH VAISHNAV – a Rotarian,



he has completion of 35 years of public health experience with the Govt. Of Gujarat. He is an expert in training on health, management and leadership. He is by profession a paediatrician and Public Health expert retired from the Government of Gujarat as Assistant Director (Health).

MEMBERS OF EXECUTIVE COMMITTEE.

MANSUKHLAL KANZARIA a retired state government official, is a trust in many trusts. Vice president :- Green Planet, Press member : Gujarat Journalist Union, Member :- International Naturopathy Organisation. He has good experience in rural village activities.

VAISHAL DAVE a young enthusiastic, is an experienced in accounting and tax matters. He handles accounts and tax matters of reputed NGOs of the city.

ASHOK NAIDU involved in the construction industry, has connected us village Asjol.

ASHOK PATEL a businessman and has been instrumental in introducing us to Zanzarva village.

VINOD THAKKER is an ex-banker and keenly involved in various social activities

Dr. JASHWANTSINH P DARBAR Specialist in Hospital administration.

Dr. ABHAY S DIKSHIT Senior mentor and expert organizer. Also a practicing Family Physician since 33 years

ASSOCIATES

YOGESH DAVE -(CHARTERED ACCOUNTANT& Chartered Secretary) since more than 30 years, is an expert in taxation and company affairs. He is also trustee of various religious Trusts and is also Financial Advisor to various NGOs. His clients include reputed NGOs and trusts of the city.

MANAGEMENT MEDICOS- The Medical Management Consultants –A group of progressive doctors in Ahmedabad.

NUMBER OF YOUTH VOLUNTEERS and SINIOR CITIZENS ALSO INVOLVED

WOMEN EMPOWERMENT TEAM

<u>SR</u>	<u>NAME</u>
1	Neela Dave
2	Sarita Vaishnav
3	Kashmira Patel
4	Latha Subramaniam
5	Anjalee Bhanusali
6	<u>Nipa Naidu</u>
7	<u>Rohiniben</u>
8	<u>Bijal Mehta</u>
9	<u>Ranjan V Thakker</u>

CHARTERED ACCOUNTANTS : HARDIK SHAH CA

BANKERS:

INDIAN OVERSEAS BANK, BODAKDEV BRANCH, AHMEDABAD

80G certificate no: AABTH3010Q/110/15-16/T-0299/80G(5) DATED 24-7-2015.

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General email : connect @hervafoundation.org

FOR VIEWING PHOTOS OF THE PROJECTS :-

FACEBOOK page: www.facebook.com/hervafoundation

WEBSITE; www.hervafoundation.org

"The future of India lies in its villages"

We thank you for your continuous patronage. We solicit your support.



DONATION FORM

Our 80G certificate no: AABTH3010Q/110/15-16/T-0299/80G(5)/DATED 24-7-2015

NAME OF THE DONOR: _____

PAN CARD NO: _____

ADDRESS: _____

CITY : _____ PIN CODE: _____

E-MAIL ID : _____

PLEASE DRAW CHEQUE FAVOUR OF " **HERVA FOUNDATION** " Rs.: _____

BANK _____ BRANCH: _____

CHEQUE NO; _____ DATE: _____

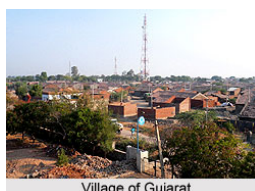
You may donate online to " **HERVA FOUNDATION** " account no: **184101000002366** with **Indian Overseas Bank, Bodakdev branch**. **ACCOUNT TYPE:** Saving bank. **IFSC** : IOBA0001841

If donation online, your transaction ID No: _____ DT: _____

SIGNATURE OF DONER: _____



WE THANK YOU FOR PARTNERING WITH US TO REACH TO THE VILLAGES.



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